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VOL. 29, NO. 19

SANIBEL & CAPTIVA ISLANDS, FLORIDA

NOVEMBER 5, 2021

NOVEMBER SUNRISE/SUNSET: 5 7:40 • 6:44 6 7:41 • 6:43 7 6:42 • 5:43 8 6:42 • 5:42 9 6:43 • 5:41 10 6:44 • 5:41 11 6:44 • 5:40



From left, Becca Wehmeier, Dr. Melanie Peel, Dr. Sasha Troiano and Ali Reece of CROW photos provided



From left, CROW Executive Director Alison Charney Hussey with Sundial Executive Sous Chef Brandon Winslow and Executive Chef Charles Boyd at a previous CROW Crawl

Restaurant Crawl This Saturday

Clinic for the Rehabilitation of Wildlife (CROW) will hold its first CROW Crawl this Saturday, November 6 as part of the 40th Taste of the Islands festivities. The crawl runs from 11:30 a.m.

to 3:30 p.m. each Saturday in November.

Each participating restaurant will be offering their "Taste" items to showcase their cuisine throughout the month of November. A portion of the proceeds from those designated food and beverage items sold will be donated to CROW.

The first crawl will feature restaurants on Captiva including RC Otter's Island

Eats, Sunshine Seafood Café, The Green Flash, Sunset Grill, Doc Ford's – Captiva, Lazy Flamingo, Keylime Bistro and Cantina Captiva.

Each crawl features a different group of island restaurants. CROW's animal ambassadors will be in the CROW tent in front of one of the restaurants, with

Taste of the Islands sponsors featured outside other restaurants in the region. Although each restaurant is featured on one Saturday, diners can visit all the restaurants and order their menu items at any time in November.

In lieu of admission, participants can continued on page 12



Volunteer coordinator Sandy Nering and board member Nancy Siegel with the new mule exhibit photo provided

Celebrating The Mule On Sanibel

The Sanibel Historical Village is celebrating Mule Day through November. "The mule was very important to Sanibel pioneers, primarily for farming and transportation, so we

decided we needed more than one day to show our appreciation," said Executive Director Emilie Alfino.

The village has a new outdoor life-size mule exhibit for photo opportunities. There is a Mule Treasure Hunt for children, and mule facts and figures in each of the buildings. Some mule

continued on page 40

Country Music Star Highlights First Sunset Cruise

Sanibel-Captiva Conservation Foundation (SCCF), in partnership with Todd and Leanne Marcum and Captiva Cruises, will hold its first Pine Island Sounds concert cruise of the season on Sunday, November 7 from 4 to 6 p.m. Country music artist Elizabeth Cook is the featured performer for the sunset cruise through Pine Island Sound. Tickets are \$100 and are on sale at <https://pineislandsounds.eventbrite.com>. There will be four concerts in this season's lineup.

Guests will board the *Lady Chadwick* and set sail from McCarthy's Marina on Captiva. Catering by Leslie Adams will provide individual snack boxes. Thanks to "First One's on Us!" contributions from Janie Howland and Jack Thomas, guests will receive a complimentary cocktail of their choice. The sunset cruise, performance, appetizers and first drink are included in the ticket price. Guests will be able to purchase additional drinks from the bar throughout their time on board. Net proceeds benefit the water quality research and education efforts of SCCF



Elizabeth Cook photo provided and Sanibel Sea School.

"It just feels right to be raising funds while sailing on the actual waters we are working to protect," said SCCF Events Manager and Pine Island Sounds Producer Jeff Siwicke.

Cook is a Nashville-based singer-songwriter with Florida roots. *The New York Times* hailed Cook as "a sharp and continued on page 2



Seahorse Social
hosted by the Parent Teacher Association

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The Community House photo by Logan Hart

Community House Events

The next adult culinary class (Introductory Wine Series – How to Buy Wine) with Chef John Wolff will be held on Saturday, November 6 from 4 to 6 p.m. Cost per class is \$25 for members and \$30 for guests. To sign up, go to the calendar on the website at www.sanibelcommunityhouse.net calendar or email office@sanibelcommunityhouse.net.

An arts and crafts fair is scheduled for Sunday, November 7 from 9 a.m. to 2 p.m. Shop locally for original art, pottery, jewelry, culinary delights, wearable art and lots of holiday items.

Letting Loose with Watercolor with Anita Force Marshall will be held on Tuesday, November 9 from 9:30 to 11 a.m. The subject is the brown pelican. Cost is \$35 for members and \$40 for guests. Register online at www.sanibelcommunityhouse.net or call 472-2155. Watercolor rental kits are available for \$10 at the time of the class.

A community social will be held on Wednesday, November 10 from 6 to 8 p.m. Drive-through meals to go can be picked up between 5 and 6 p.m. The buffet menu will include starters of Manhattan clam chowder and mixed green salad. Main dishes will be grilled flank steak with roasted fingerling potatoes, macadamia nut crusted chicken breast with boursin cream, rice pilaf with almond and cranberry, and seasonal baby vegetables with lemon pepper butter. The featured dessert will be apple crisp. To register for in person or drive-through, go to the calendar online at www.sanibelcommunityhouse.net or call 472-2155. Cost is \$20 for members and \$25 for guests. Dessert is \$5 extra.

Shellcrafters are on site every Monday from 9 a.m. to 1 p.m. A shell crafting class is offered at 10 a.m. There is no charge to attend the class; supplies range between \$3 and \$5.

Aerobics with Mahnaz Bassiri is offered in two sessions on Monday, Wednesday and Friday; 9 to 10 a.m. and 10:30 to 11:30 a.m. Bring your own weights (optional). Cost per class is \$5 for members and \$10 for guests.

Line Dancing is offered on Tuesdays from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for guests.

Social Bridge is in play on Tuesdays from 1 to 3 p.m. Suggested donation \$5.

Painting with Friends is held on Wednesdays from 1 to 4 p.m. Bring a work in progress and your own supplies. Cost for the class is \$10.

Every Thursday at 1 p.m., Tommy Williams leads Living Life Current, an open forum discussion. All are welcome to discuss what is going on locally, nationally and globally. Suggested donation is \$5.

Chair Stretching Exercises with Mahnaz

Bassiri are offered on Thursdays from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for guests.

The Sanibel Hearts Club meets every Friday at 1 p.m. Play the card game Hearts. For beginners to experts, all are welcome. Suggested donation is \$5.

There are fresh batches of mango chutneys, salsas, barbeque sauces, hot jellies and jams available for purchase. All proceeds from the kitchen go toward scholarships for the Culinary Education Center.

Sanibel-Captiva Art League will be exhibiting works by artist Maureen Ginipro during November. The exhibit can be viewed from 9 a.m. to 3 p.m. Monday through Friday or virtually through www.sanibelcommunityhouse.net.

The Community House is looking for sponsorships for Line Dancing classes taught by Marie DiRosa in the amount of \$200 per month and for Aerobics with Mahnaz Bassiri in the amount of \$1,500 (or a portion thereof for the weekly classes offered). Contact Allison at office@sanibelcommunityhouse.net if you are interested in sponsoring either of these programs.

Shell Critter Kits to Go are available for purchase or to ship. Choose four out of 13 critters to assemble. Cost is \$20 per kit; shipping is \$8 additional.

Art Kits to Go are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Marker and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is following current CDC guidelines.

The Community House is located at 2173 Periwinkle Way. Visit www.sanibelcommunityhouse.net or call 472-2155.✳

Bridge Inspection

The Florida Department of Transportation (FDOT) will perform bridge inspections on the Sanibel Causeway Bridge Structure A over San Carlos Bay on Wednesday, November 10 from 10 a.m. to 3 p.m.

All the work will be conducted over the bridge on a snooper truck.

During this period, FDOT will do several lane shifts to accommodate the truck and the inspection equipment on the required locations. As a result, traffic will be slowed down.

For more information, contact Avelino Cancel at 533-9400.✳

From page 1

Sunset Cruise

surprising country singer." She is also a veteran SiriusXM Outlaw Country Radio DJ, known for nationwide distribution of her *Apron Strings* show for the last 10 years.

"We are still working on artist selection for our January 16th cruise. At this time, we are thrilled to announce the December 12th cruise featuring The 502s, as well as the February 13th cruise featuring Twisted Pine," said Siwicke.

For more information, email jsiwicke@sccf.org.✳



There is no better excuse to get your classic wheels out the garage and show them off photo provided

Cars And Coffee This Saturday At Periwinkle Place

The San Cap Motor Club monthly Cars and Coffee Cruise-In will be held this Saturday, November 6 from 9 to 11 a.m. at Periwinkle Place shopping center. All are welcome to bring out their classics or check out the vehicles on display.

No pre-registration is necessary for vehicle owners. Cars and motorcycles

welcome.

A continental breakfast with donuts, coffee and other refreshments will be provided by The Blue Giraffe Restaurant of Periwinkle Place.

Club membership dues for the season are \$50 for an individual or \$75 for a couple or family. A membership includes one new club T-shirt. Members gather on the first Saturday of the month for the cruise-in, and on the second Tuesday for dinner.

For more information, call Scot Congress at 472-4177 or email scot@scongress.com.

Art League Member Exhibit



Artwork by Maureen Ginipro

The Sanibel-Captiva Art League is hosting artist Maureen Ginipro for the month of November at The Community House. Ginipro's artwork will be displayed in the lobby gallery, which is open to the public. A virtual show is also available on the website at www.sanibelcommunityhouse.net.

Ginipro, while not classically trained in art, has always been interested in many art mediums and forms. Once moving to Sanibel, she began to take classes and workshops in the art community. Ginipro is a member of the Smithtown, New York Arts Council, Southwest Florida Fine



images provided

Crafts Guild, Sanibel-Captiva Art League, Alliance for the Arts and BIG ARTS. She uses texture, form, images and words to convey her artistic message. Collage has been a favored technique as well as the Zentangle form of pen and ink drawings.

Ginipro has received numerous awards for her artwork including first place in Hands on Art 2021 from Southwest Florida Fine Craft Guild and Please Don't Eat the Art in 2018 at BIG ARTS.

The Community House is located at 2173 Periwinkle Way and is open from 9 a.m. to 3 p.m. Monday through Friday.

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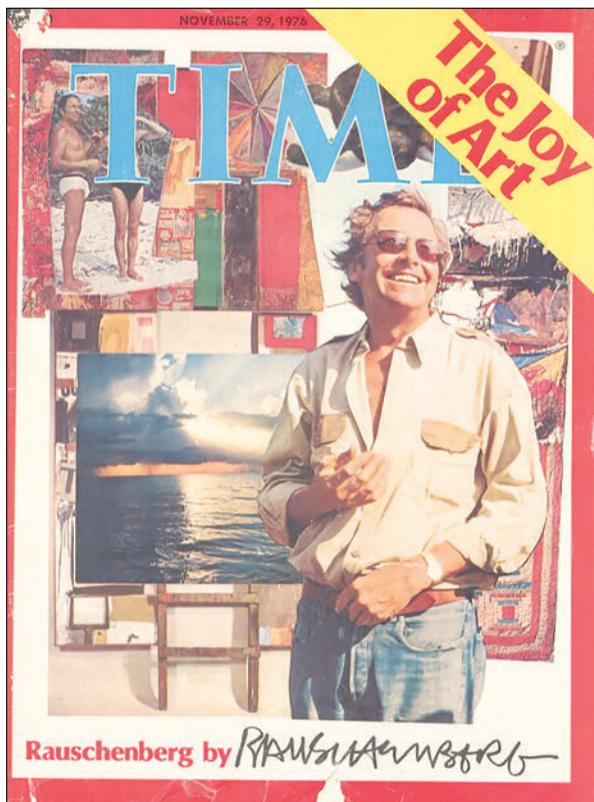
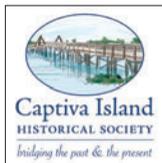
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Captiva Island Historical Society

Looking Back: The Joy Of Art

This week's image is a look back at the cover of *Time* magazine featuring Robert Rauschenberg's painting *Rauschenberg* (November 29, 1976).



Robert Rauschenberg's artwork on the cover of *Time* magazine photo courtesy Captiva Island Historical Society Archives

The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane, and open during library hours. Call 533-4890 for information.

Visit the website at www.captivaislandhistoricalsociety.org/archives/research to view many more images to bring you closer to Captiva.✪

Churches/Temples

BAT YAM-TEMPLE OF THE ISLANDS
Shabbat services including Torah reading at 7:30 p.m. led by Rabbi Stephen Fuchs and Cantor Murray Simon. Services at Sanibel Congregational United Church of Christ in Fellowship Hall and on Zoom. Saturday morning classes at 9:45 a.m. on Zoom. Email batyamsanibel@gmail.com for links to services and information, 2050 Periwinkle Way.

CAPTIVA CHAPEL BY THE SEA
Rev. Larry Marshall. Worship services every Sunday at 11 a.m., November 14, 2021 through April 24, 2022. Sunday services posted on the chapel's website, www.captivachapel.com and www.facebook.com/Captiva-Chapel-By-The-Sea. 11580 Chapin Lane, Captiva, 472-1646.

CHAVURAT SHALOM
(Fellowship of Peace) Friday Shabbat services led by members at 7:30 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

FIRST CHURCH OF CHRIST, SCIENTIST
Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf Drive, 472-8684.

SANIBEL COMMUNITY CHURCH

Sunday services at 9 a.m. and 11 a.m. in the Sanctuary. View the Sunday services via livestream at 9 a.m. or later online at www.sanibelchurch.com. Sanibel Community Church is an evangelical, non-denominational congregation, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST
The Reverend Dr. John H. Danner, Sr. Pastor. Sunday Worship at 7:45, 9 and 11 a.m. www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH
Father Ed Martin, Pastor, Saturday Vigil Mass at 5 p.m., Sunday Mass at 9:30 a.m. Daily Mass Wednesday, Thursday and Friday at 8:30 a.m. 3559 Sanibel-Captiva Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH
The Rev. Bill Van Oss, Rector. Service schedule through April, Saturday at 5 p.m., Sunday at 8 a.m. and 10:30 a.m. The 10:30 a.m. Sunday service is also livestreamed at www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS
Meets 5 p.m. on the third Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.

Email changes to press@islandsunnews.com or call 395-1213.✪



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Share the warmth of the season with our special island seniors who may be feeling isolated or alone. FISH will deliver a personalized SMILE BOX with special gift items and decor to make their season bright, and remind them they're not alone! **Donate special senior items by Friday, Dec 3.**

ANNUAL TOY DRIVE

Help Santa fill his bag with gifts for our youngest neighbors. This year we will provide childrens' toys to over 50 households. Help make the holiday fun and magical for the kids of our community! **Drop off toys by Friday, Dec 10.**

ADOPT-A-FAMILY PROGRAM

Make a difference for an entire household! When you choose to adopt a family, FISH provides you with a specific wish list for a particular family. Then donors can shop more intentionally to make those wishes come true while providing requested items that fit the needs perfectly. **Drop off gifts by Friday, Dec 10.**

HOLIDAY FOOD BASKETS

A special Holiday meal is something everyone should be able to enjoy. FISH provides baskets at Thanksgiving and Christmas filled with dinner ingredients and a gift card to purchase a turkey or other holiday protein for approximately 100 of our neighbors. **Drop off food donations by Thursday, Dec 23.**

*If you or someone you know is in need,
contact FISH at 239.472.4775*



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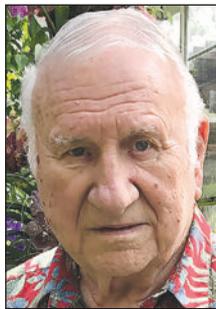
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OBITUARY

WAYNE 'REID' GOFORTH

Wayne "Reid" Goforth of Sanibel Island, Florida passed away on October 11 at the age of 89. After several months of declining health following cancer surgery and a diagnosis of Lewy Body Dementia, Reid died peacefully with his beloved wife Prudence at his side.



Reid was born in Wentzville, Missouri on February 13, 1932 to father Harold Goforth and mother Mary Elder (Reid) Goforth.

Drawn to the natural world from a very young age, Reid called himself a wildlife biologist and devoted his professional life to the research and preservation of migratory bird habitats and other natural ecosystems.

After earning his PhD at the University of Missouri, Columbia in 1968, he went on to supervise the Cooperative Fish and Wildlife Research Units among his several leadership roles with the federal government's various fish and wildlife management programs. He loved teaching and many of his students have followed in his footsteps to conserve and protect natural

resources.

In 1963, Reid married Prudence (Osborn), the love of his life. The couple had one daughter, Heidi, and one son, Justin. Soon, birding became a shared pastime as the family developed a profound appreciation for the earth and its richly diverse inhabitants.

Reid was preceded in death by his parents and by his only sibling, Beth (Goforth) Kirkwood. He is survived by his wife Prudence and children Heidi Goforth Klein and Paul Justin Goforth.

As Reid wanted it, his ashes will complete their carbon cycle by returning to nourish one of the many spots he deemed sacred ground during his journey here on earth.

People wishing to honor Reid's lifelong commitment to habitat preservation and the education of ecology can make donations to the "Ding" Darling Wildlife Society-Friends of the Refuge, a 501(c)3 nonprofit organization that supports nature conservation, wildlife protection and education efforts at the refuge. You can donate online at www.dingdarlingsociety.org/donation or mail your donation to "Ding" Darling Wildlife Society, P.O. Box 565, Sanibel Island, FL 33957.

Reid was an early supporter of the refuge as a part of his federal career and spent the last year on the island enjoying the many birds and wildlife. It was his hope that many others will have that opportunity in future years.*



Clockwise from left, Donna Oberhill, Mike Cullen, Pat Trimble, Patsy and Hubie Whitaker, Joan Brusch, Suzie Cullen and Mark Gray photo provided

Catholic Group Kicks Off Season With Potluck

After months of social distancing, the SanCap Catholics organization kicked off its upcoming season with a well-attended potluck supper at The Community House. The gathering marks the first in what will be a series of community events filled with opportunities to meet and greet old friends and new members.

Tables were filled with food, and there was lots of catching up among friends, many of whom are just coming back to the island from their northern homes.

Initial sales for the Christmas season raffle to benefit FISH of SanCap and Wounded Warrior Project were robust. Tickets will continue to be available throughout the Christmas season, especially at the upcoming Red, White and Blue Cruise, scheduled with Captiva Cruises for Saturday, November 13. Tickets for the cruise are limited. For reservations, contact Dottie McGovern at 481-5950.*

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Options Weighed For New Police Department

by Wendy McMullen

The general consensus at Sanibel City Council's special workshop on October 27 was that the Sanibel Police Department (SPD) needed a new, separate building to function most effectively.

This was preferred to a previous plan to expand the existing SPD wing adjacent to city hall. The police department has more than doubled in size since city hall was designed in the 1970s. In addition, there were no computers in the police department and there were no female officers.

"We didn't have a computer when the building was designed," said Sanibel Police Chief Bill Dalton. "Now we have one in every patrol car."

A needs analysis commissioned by the city indicated that the SPD needs 9,905 square feet of space to function most effectively. The current police department has just 5,441 square feet. Increased space is needed in order to rectify gender inequities, and to provide modern training facilities. Training currently takes place in Fort Myers and a trailer houses facilities for the women officers and staff. The computers are housed on the ground floor in a flood-prone room variously described as "a dungeon" and "a coffin."

Options previously under consideration were to add to the existing building either as an extension or as a stand-alone building located between the police department and the BIG ARTS building. It became clear during discussion that both options were problematic.

Sanibel Fire Chief Bill Briscoe explained to council members that expanding the current building would mean that the entire structure would have to come up to current fire code standards. Currently, there are no sprinklers and insufficient water to cope with a fire emergency.

Chief Dalton favored the stand-alone option.

"It's basically a no-brainer," Dalton said. "It's a building that will be designed

to be a police department with a lot of opportunities to enhance our effectiveness and give us an opportunity to become more self-sufficient in things like training.

"A strong and a vital and an effective police department is a strong economic asset to any community. Who would want to vacation in a crime-ridden community? People wouldn't want to move to a crime-ridden community. Nor would they want to open a business," Dalton said. "This would be a direct investment in the safety of our community and give benefits for 50, maybe 75 years, long after it's been paid off."

Two sites were considered for the stand-alone structure. The site north of Dunlop Road next to the current police department was considered difficult both in terms of parking and fire fighting.

"We need to attack the fire on three sides," said Briscoe.

The other site under consideration is the city's current recycling area south of Dunlop Road and north of the BIG ARTS Herb Strauss Theater on Periwinkle Way, and council members seemed to agree that this was the best alternative. Councilman Mike Miller described it as an opportunity that the council should take action on.

"We can make effective use of the space being vacated (at city hall) and there's no disruption to the police department during construction," Miller said.

Mayor Holly Smith agreed, commenting that the Sanibel police deserved updated facilities as a reflection of the work they do in keeping the island safe.

"We live in this community because we're safe," Smith said. "We're a safe community because of the work that you and all of our staff does. We have one of the lowest crime rates around."

The lone dissenter to the construction of a new facility was resident Tommy Williams who advocated remodeling the former Sanibel Captiva Community Bank on Library Way for the police.

Discussion on the need for new facilities for the Sanibel Police began in 2019 because of gender inequities and the inadequacy of the current offices. A plan to remodel the current building was presented in August of last year. In May

of this year, the city council directed staff to stop working on the current plan and look at other options.

The new building is projected to cost around \$7 million and can be funded in various ways over a period of 20 to 30 years. Funding from beach parking can be used for part of the cost.✪

City Offices Reopened But Masks Required

by Wendy McMullen

With local COVID-19 cases declining and city staff vaccination up to 79 percent, Sanibel City Council decided to once again open city offices to the public but to keep the mask requirement inside city offices in place for the time being.

City staff members were offered a \$500 incentive bonus if they showed proof of vaccination against the coronavirus and many seem to have taken the city up on the promise. Vaccination of full-time employees is now up to 79 percent. Vaccination of part-time as-needed staff was just 38 percent.

Councilmembers also voted to extend the \$500 bonus for new city employees and any other city employee who had not yet been vaccinated.

There was a little hesitation from Vice Mayor Richard Johnson who said he struggled with paying people to do the right thing, but conceded that using the \$500 to recruit people who are vaccinated was a good idea.

"It's a windfall for someone who has been holding out," agreed Councilman John Henshaw.

City council emphasized that the incentive was not a mandate but a voluntary incentive and agreed that if the special session to be convened at the State of Florida level made any action illegal, they would withdraw it.

Council also decided to take away the signage on the Sanibel Causeway at the entrance to the island asking visitors to wear masks and "get vaxxed." Johnson said that while he would like businesses to encourage mask wearing, he did not

think the signs were effective.

Masks will still be required in the Sanibel Recreation Center.✪

Golf Courses Score High For The Environment

by Wendy McMullen

The Dunes Golf & Tennis Club, The Sanctuary Golf Club and Sanibel Island Golf Club came up with winning scores from the city's department of environment for measures to improve water quality on the island's golf courses.

The program, begun in 2010, provides a checklist of "best management practices" for the golf course management teams to follow and this is the first year that all three courses have come in full compliance with the city's recommendations with scores in the 90s.

City staff met with representatives from each of the golf courses and reviewed each item on the checklist. As a result, the golf courses achieved their scores.

The Dunes Golf & Tennis Club earned 61.5 out of 65 points, for a score of 95 percent. This is a 32 percent improvement since 2011, and a one percent improvement from 2020.

Sanibel Island Golf Club improved its score by three points, bringing them into "full compliance" for the first time since the implementation of the report card program with 59 out of a possible 65, representing 91 percent. Environmental Biologist Dana Dettmar reported that the club had done a good job of maintaining buffers on the lakes, installing 180-degree instead of 360-degree spray heads and made significant improvements to their golf cart washdown facility so that contaminated water did not go into the vegetation.

The Sanctuary Golf Club earned 60 out of 65 points, for a score of 92 percent, which was a 1.5 percent improvement since 2011. Although in full compliance with the city's best management practices, it lost some points for removing beneficial littoral planting and replacing it with turf grass.✪

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Publisher

Lorin Arundel

Accounting

Mike Terry

Advertising

Bob Petcher

Graphic Arts & Production

Ann Ziehl, Manager
Amanda Hartman
Willow Peterson

Reporters

Kathy Kurtz Ferrari
Wendy McMullen

Contributing Writers

Kay Casperson	Kealy McNeal
Constance Clancy, EdD	Capt. Matt Mitchell
Suzy Cohen	Trinette Nelson
Linda Coin	Howard Prager
Cindy Carter	Gerri Reaves PhD
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OBITUARY

JOHN TANNER BOONE, JR.

submitted by
Elizabeth Boone



Heaven just got a whole lot more fun.

My father, John Tanner Boone, Jr. aka (Major) Daddy, passed away peacefully in his own bed in his Sanibel home, on August 21, 2021. He may be gone from this Earth but I know in my heart that he is inducing roars of laughter in Heaven, for all up there to be amused and entertained.

He is survived by my three older siblings, Victoria, Randolph and Rebecca, and myself (Elizabeth), his six grandchildren, Tanner, John, James, Madeline, Will and Jameson-Boone, and his two great grandchildren, Lilly and Daisy. He was preceded in death by our beautiful mother, Carole Anita, and his darling granddaughter, Caroline Lilly.

Daddy was my hero. He was an American hero, receiving numerous medals for his service to his country. He was a Korean War veteran and among the many awards he earned were two Purple Hearts, Korean Service Medal, Korean Presidential Citation, Combat Action Ribbon and United Nations Medal. The list is long.

He was one of the brave young men that fought in what was known as "Frozen

Chosin." The horrendous battle at the Chosin Reservoir in North Korea.

Daddy was a United States Marine and actually joined the corps at the ripe age of 17, fibbing about his actual age to enlist. Semper Fidelis.

His mother graduated from the first nursing class at Johns Hopkins School of Nursing for the Military, becoming a courageous Army nurse on the front lines in WWI. Daddy always had great reverence for all his fellow men and woman of the military.

He was a true rifleman and an excellent marksman. Time and time again, Daddy would bring home numerous first place trophies from shooting tournaments he took great pleasure competing in. Shooting clays in skeet or trap was a favored pastime of his and we had a whole setup, up north, where all summer long, the family would participate in the fun.

Top priority for him was that we all understood the proper handling of guns and importance of gun safety. Every Wednesday, Daddy and my brother (and me, as often as I could) went shooting at the private range we belonged to. Plinking at the pistol range or sitting in our rifles, it was always a great day with Daddy at the gun range. When my nephews would come for visits, they always came to the range, too. We all learned so many things from him. The basic respect for all life was at the core of his being.

Daddy always dreamed of being able to fly and own his own plane. He achieved that, owning multiple planes through the years. Flying us for family vacations or long weekends became our family's chief mode of transportation. In the summertime, we'd

head to our cabin up north and in cooler months, south to our Sanibel house in Florida.

His love of nature and (all) animals was abundant. He especially favored birds, the red-shouldered hawk, in particular. He took great pleasure in being outside, walking the trails with our dogs at our family log cabin in northern lower Michigan.

True conservationists, every year growing up, he and mom would order hundreds of tree seedlings and have us all plant them on our property there up north, which is surrounded by Port Huron National Forest.

Daddy was a contracting officer in his civilian career, working for the federal government out of Detroit, Michigan. We lived in Grosse Pointe, Michigan where Daddy was active in many diverse organizations and clubs. He was a member of the exclusive thespian society, The Player's Club, located in a beautiful historic building in downtown Detroit. He was a member of The Officer's Club, The Red Coats – an elite military officer's group, Crescent Sail Yacht Club (CSYC), Detroit Gun Club and Aircraft Owners and Pilots Association (AOPA) and various shooting clubs. He was also a longtime member of the vestry at St. Michael's Episcopal Church in Grosse Pointe.

Here on Sanibel, he was a founding member of the local chapter of the Military Officer's Association of America (MOAA), the Island Cotillion, Sanibel-Captiva Lions Club, and a vital member in Civil Air Patrol.

Upon coming home from Korea, Daddy went to school on the GI Bill, where he met and fell in love with my mom at Michigan State College (back in the '50s). Soon the light of my mother's eye, she often said she married him for two huge reasons. He was fearless and the funniest man she'd ever met. Daddy was many things. The strongest man I ever saw, he would pick up felled trees on our up north property like they were Lincoln Logs. He was a tall, dark, handsome, charismatic, engaging, hilarious, stalwart, gregarious and wise 6'3" "Softie!" I used to marvel at the size of his beautiful, perfectly proportioned hands – they were

so big, like bear paws.

Daddy started working for the government soon after he and mom graduated and married. That position afforded them the life-changing experience of moving overseas for an extended period. They lived the longest in Taranto, Italy and Spain. They fell in love with all the different cultures, people and foods. They adapted well to the European way of life and favored their school of thought on many things.

When they came back stateside, to Grosse Pointe, Michigan, they decided to start their family and start having children. Daddy and mom passed on to my three older siblings and me that great zest for life they shared and their immense knowledge on so many diverse subjects. From a very young age, one of the most important things my Daddy taught me was the importance of your reputation and that your name was your reputation. He'd say, "Above all, integrity is fundamental in a person's character."

Daddy was born in Royal Oak, Michigan on April 7, 1931. What a wonderful memory that in March of this year, I gave Daddy a big surprise party for his 90th birthday and invited all his friends to celebrate him. It was a terrific success and I swear, Daddy literally glowed for days afterwards, despite his failing heart and ill health.

Daddy was a devoted husband, father and grandfather. His love for my mother was magnificent. He spoke all the time on how lucky he was to have met such an angel of a woman and to be blessed with four beautiful children and wonderful grandchildren. Daddy continued to miss my mother something fierce even 10 years after her passing. It is with this knowledge, I know he is at peace, having rejoined her in Paradise, up above. We all take great solace in knowing they are reunited again now in Heaven.

Our family will hold his memorial service at St. Michael and All Angels Episcopal Church, located at 2304 Periwinkle Way on Sanibel, on Sunday, December 26, 2021 at 3 p.m.

All are most welcome to come celebrate my Daddy's wonderful life. ✨

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City Of Sanibel Vegetation Committee

Attract Birds And Butterflies



Zebra longwing (*Heliconius charithonia*)
photo by J. Zimomra

The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, planted exclusively with native plants. Tours are scheduled for:

- Wednesday, November 10
- Wednesday, December 8
- Wednesday, January 12 and Saturday, January 22
- Wednesday, February 9 and Saturday, February 26
- Wednesday, March 9 and Saturday, March 26
- Wednesday, April 13 and Saturday, April 23

Walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how you can plant a garden that reseeds itself with little maintenance, is good for the environment and will attract birds and butterflies.

Vegetation committee members will provide information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires little maintenance, no fertilizer and no supplemental irrigation.

Registration is not required. Attendees meet at the main entrance to city hall, located at 800 Dunlop Road, in front of the main staircase. For more information, email san.dnr@mysanibel.com or call 472-3700.*

America's Boating Club Safety Course

America's Boating Club of Sanibel-Captiva will offer America's Boating Course in December at Sanibel Congregational United Church of Christ in two sessions: Thursday, December 2 from 6 to 9:30 p.m.; and Saturday, December 11 from 9 a.m. to 3 p.m.

The course covers basic boat operation and safety, with an emphasis on boating the local waters around Sanibel and Captiva. Included with the course is an on-the-water sunset cruise on San Carlos Bay. Among the subjects and topics covered are aids to navigation, required and recommended safety equipment, boat handling, docking, right of way rules, VHF

radio operation and handling emergencies at sea. Participants learn basic chart reading and about local channels and waterways.

The course is designed for those new to boating as well as experienced boaters who would like to strengthen their boating skills. Senior, experienced instructors present the class material using lectures, videos and demonstrations. Completion of the class and passing the exam qualifies students to receive the Boating Safety Education ID card from the State of Florida.

To register, visit www.sancapboating.club, click on the Education tab at the top of the page and complete the registration form for "America's Boating Course"

on December 2. For more information, contact lead instructor Bob Orr at 579-0139 or robert.orr1663@comcast.net.*

Russian Ensemble To Perform At Sanibel Church

St. Michael and All Angels Episcopal Church will host ChoRuss Vocal Ensemble, a quartet of accomplished singers from Russia, on Friday, November 12 at 6 p.m. The concert is open to the community and there is no charge to attend. The performance will include

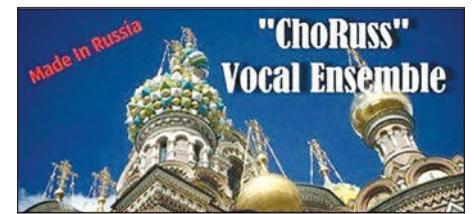


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sacred music and Russian folk songs.

St. Michael and All Angels Episcopal Church is located at 2304 Periwinkle Way on Sanibel. Handicapped parking is available off Periwinkle Way with additional parking behind the church. You may also enter off Dunlop Road across from BIG ARTS.*

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Plant Smart

Giant Bird Of Paradise

by Gerri Reaves

Take one look at giant bird of paradise (*Strelitzia reginae*) and you'll understand the reason for the common name.

This member of the banana family is a clumping herb that reaches tree size – up to 30 feet high and as wide as 20 feet at maturity.

The species is native to South Africa and a popular ornamental in South Florida. It works best in large-scale landscapes, particularly as an accent plant.

While it's relatively low maintenance and dramatic, the plant has no notable benefit to wildlife.

The flat smooth paddle-shaped leaves are up to 10 feet long and arranged fan-like on the erect trunk, which is actually an enormous stem.

They resemble banana, heliconia, or traveler's tree leaves – no surprise, since this species is related to those large-leafed ornamentals.

With time, the leaves become tattered by the wind. To avoid this, plant it in a sheltered spot.

A fast grower, it is also called white bird of paradise because of the white to bluish or grayish sheaths of the flowers. The tongue is blue.

The showy flowers bloom year-round, but only if conditions are good.



Giant bird of paradise's leaves are arranged fan-like on the large stem that resembles a palm trunk

photos by Gerri Reaves

The term "bird of paradise" refers to the flower's resemblance to a long-billed bird such as a heron or crane in flight or poised with spreading wings and erect plume.

It can be grown as a container plant and is a source of long-lasting cut flowers.

This species will tolerate slightly acid to



Multiple stalks and shredded leaves

alkaline soil and needs good drainage but plenty of moisture. It has low to no salt tolerance.

It prefers full sun to partial shade.

The seeds are within a three-angled capsule.

It is prone to scales.

If you like the look of giant bird of paradise but don't have the space in your

yard, there's a much smaller species with orange and blue flowers (*S. reginae*).

Sources: *Florida, My Eden* by Frederic B. Stresau; Florida Yards and Neighborhoods Plant Guide; and <http://hort.ufl.edu>.

Plant Smart explores the diverse flora of South Florida.✽

From page 1

Restaurant Crawl

purchase a Taste Passport with a listing and map of participating restaurants. Each restaurant will stamp the passport so patrons can track their progress. Only passport holders will be eligible to vote for their favorite restaurant to win the People's Choice Award sponsored by Rosier Insurance, and be entered into a drawing for prizes including vacation stays and gift certificates. Passports are available for purchase at CROW, all Bank of the Islands/Edison National Bank locations, Bailey's General Store, Huxter's Market & Deli, or online at www.tasteoftheislands.org for pick up at will call locations.

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Captiva Shoreline Erosion & Sea Turtle Nesting



Jennifer Nelson



Kelly Sloan

TUESDAY, NOVEMBER 16th, 2021

10:30 – 11:45 am

Jennifer Nelson is a graduate of the University of Texas at Austin and holds a Bachelor of Fine Arts in Art History. She had a 24 year long career with Goodwill Industries and worked for 4 Goodwill locations around the country in Austin, Houston, Santa Rosa, California, and Ft. Myers. She worked 8 years for Goodwill of SW Florida prior to accepting the role as Executive Director for Uncommon Friends Foundation in April 2017. In November of 2017, she was elected to Cape Coral City council to represent District 4. Most recently, Jennifer was hired as the Executive Director of the Captiva Shoreline Erosion Project District. Jennifer is very passionate about sustainability in all facets and believes in developing initiatives that focus on the future of our community.



Kelly Sloan holds a Bachelor's degree in Biology and a Master's degree in Environmental Science and Policy. Before pursuing a career in coastal wildlife conservation, she worked in a lab studying how animals use the magnetic field to navigate and in South Africa studying baboons. Kelly started working for the South Carolina Department of Natural Resources (SCDNR) Marine Turtle Conservation Program in 2007, and in 2013 she joined a team of scientists on Long Island to study piping plovers. She accepted her position with SCCF in December of 2013.

This is a Zoom Meeting presentation.
<https://us02web.zoom.us/j/89187540887>

Zoom link available at the Captiva Island Yacht Club website, www.captivaiyc.net. Click on the **Activities and Social Events** tab.



REV. DR. GREG ANDERSON
Sunday, November 7, 2021 at 7 p.m.

He is the Graduate School Chaplain at Wheaton College, with over 38 years experience serving in American and international contexts, including 12 years each at the International Community Church in London and at Union Church of Hong Kong. He has written extensively on C.S. Lewis and received multiple awards. Greg brings an international perspective on cross-cultural relationships.



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Education Fund Honors Parents' Love Of Wildlife

Nancy Minster and Diane Husk established the William & Helen Kronmueller Education Fund to honor the memory of their parents and support educational programs at JN "Ding" Darling National Wildlife Refuge on Sanibel.

Married in 1954, the Kronmuellers lived and worked in St. Louis, Missouri, where they led a quiet life that included summer vacations to new and exciting places within the U.S. They continued to visit the Fort Myers and Sanibel Island area into their retirement years.

"The natural beauty and quiet pace allowed them to enjoy beach walks and wildlife sightings, especially within the refuge," their daughters told "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) when they established the fund with the refuge's nonprofit arm.

After William's death, Helen continued to visit the refuge with Husk. She last visited in December 2019 at age 92, and especially loved spotting birds and alligators.

"They believed that one should never stop learning; that learning should continue throughout life," said Husk. "They would be thrilled that a fund was established in their honor, knowing that support for the things they learned to love in nature will remain for future generations - inspiring children and future conservation stewards to learn more about birds, other wildlife and their habitats."

"An endowed education fund will continue to keep the Kronmuellers'



Helen and William Kronmueller

photo provided

legacy alive by supporting conservation education programs at the refuge and inspiring our future stewards to embrace a community and value our natural spaces like they did," said DDWS Executive Director Birgie Miller. "We are so thankful to their family for this support. What a thoughtful way to remember loved ones."

Refuge donors are able to establish named endowed funds for \$10,000 or more and work with DDWS staff to designate them for their areas of interest or leave them as unrestricted. The endowments can fund individual projects or ongoing education, intern, programming, research or other specific needs. To establish an endowed fund, contact Miller at 472-1100 ext. 232. Visit dingdarlingsociety.org/articles/endowed-funds for more information.*

compared to last year.

The traffic leader in September was Delta Air Lines with 125,437 total passengers. Rounding out the top five airlines were Southwest (121,813), American (86,508), United (76,160) and JetBlue (51,269).

Southwest Florida International Airport had 5,624 aircraft operations, an increase of 67 percent compared to September 2020. Page Field saw 11,585 operations, a 15 percent increase compared to September 2020.*

Record-Breaking Traffic At Airport

During September, a record-breaking 551,041 passengers traveled through Southwest Florida International Airport in Fort Myers. This was an increase of 115 percent compared to September 2020 and 19.5 percent more than the passenger traffic in September 2019. Year-to-date, passenger traffic is up 69.5 percent

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Change It Up After The Front



by Capt. Matt Mitchell

An earlier-than-usual cold front blew us off the water for three solid days this week. Wind gusts over 30 mph and even some rain mean't cancelled charters along with

a few days off. During most years, we don't experience such a dramatic cool down until roughly around Thanksgiving. Once this first cold front has opened the gate, this can be an almost weekly thing. Timing your fishing trips becomes really important as the closer the approaching front arrives, the better the bite gets. During the front and for a day or so after, we got blown out. Then after the front passed, the bite slows then gradually improves as do the conditions. That will be the cycle all winter long.

After heading back out on the water after the front, there will certainly be some changes. The most significant will be locating bait after such a major blow and cool down. The normal grass flats and spots out on the beach that we have been catching shiners on for the last few months will be really stirred up and the bait spread out if not gone. As water temperature drops, these baits often head to the bridges in mass numbers.



Steve from Illinois got to catch snook on his 60th birthday

photo provided

All winter long, this deeper fast-moving water will be where the shiners are unless it gets really cold or warm enough for them to go back on the flats.

One option I always like to have after

a cold front is the insurance of having live shrimp. During the first few days of the high pressure associated with the passing of a front, the bite can be tough. Fish will eat a shrimp when they

just won't eat anything else. Live shrimp fished on or close to the bottom on a quarter ounce jig head will get it done when nothing else will. A fast-moving, free-lined shiner may not even get touched.

This cold front should bring us roughly a 10-degree drop in water temperature that will fire up the fishing once conditions level out. Look for a lot more snook to have made the move from the passes and the beaches to the transition areas. Oyster bars and mangrove points in the middle sounds are the stopping off places as these fish make the move toward their winter haunts. Mangrove creek fishing for both snook and redfish will light up because many of these small deeper channels are not as affected and churned up by bad weather. Trout that have been out on the open flats will find shelter and better cleaner water conditions in the deeper sheltered small mangrove bays and channels.

Although it will be several days until the wave action out along the beaches relaxes, anglers will be greeted with the southbound bait migration in full swing once things calm down. Mackerel and Bonita fishing will fire up. With water temperature now in the mid 70s, we may still get one last chance at a tarpon before the spring. Finding schools of bait are the keys to these beach fisheries.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. *☆

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Dave Doane with his co-worker Jesse

CROW Case Of The Week:

Eastern Screech Owl



by Bob Petcher

The eastern screech owl (*Megascops asio*) is a short, stocky bird with pointed ear tufts that are often raised. This nocturnal woodlands owl can be found generally east of the

Rocky Mountains, anywhere from Mexico to Canada.

The screech owl is so called due to its trilling or whinnying song. It is often more heard than seen. Its natural coloring with patterns of bands and spots blends in well against tree bark for the perfect camouflage to protect itself.

The major distinction between the eastern screech owl and the western screech owl is its bill color: easterns have grey-green bills while westerns have grey to black bills.

At CROW, an adult eastern screech owl was admitted after flying into a powerline in North Fort Myers. Upon examination, veterinarians noted the severe trauma to its eyes and elected to hold this patient for surgery consideration. After a few days of the owl persistently holding its right eye shut, it



Patient #21-5384 had to undergo surgery to remove one of its eyes photo by Haillie Mesics

was determined that surgery was the best course of action.

"We were waiting to remove the right eye in order to ensure the owl was visual in the left eye since there was evidence of prior hemorrhage and a small partial tear of the retina – the back of the eye – on admit exam," said Dr. Charlotte Cournoyer, CROW veterinary intern. "Recheck exam after a few days shows these issues resolved, and the owl started to track our movements more, suggesting vision had returned to the left eye."

With vision returned in its better eye,

the owl was prepped for surgery. Six days after intake, the patient underwent surgery to remove the injured eye.

"Sometimes lens luxations are not painful, in which case the eye does not need to be removed," said Dr. Cournoyer. "Since the owl was holding the right eye shut and tearing for a few days, it was determined the eye was painful and thus the best course of action was removal."

A surgery such as this one required precision work.

"In birds, removal of the eye involves removing the soft contents of the globe

(eyeball). We do not remove the entire globe since that would involve removal of bone," said Dr. Cournoyer. "We then make fresh edges on the eyelids so they will adhere. We do this by excising the margins with small scissors, then we suture those edges together."

Certain care measures are being administered regularly.

"We monitor the site daily for discharge and integrity of the sutures. Medications include antibiotics, pain control and nutritional support," said Dr. Cournoyer.

The patient has been recovering well and will continue to be closely monitored. The goal is to get the owl acclimated to its new "handicap" so that it can adapt to functioning with one eye.

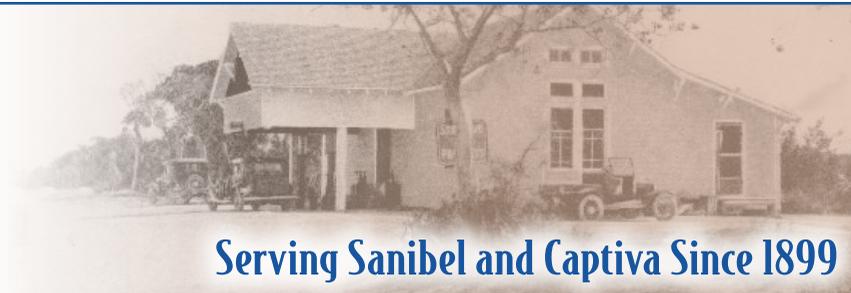
"Owls can survive in the wild with one eye, since they hunt at night and are able to compensate using their hearing," said Dr. Cournoyer. "The owl will need to stay for usually about a week post-surgery to ensure that the site is healing well and will spend a few days with our rehab team to make sure it can find food and fly."

"After that, the owl will be cleared to be released and does not need any further rehab or support."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

General admission is \$12 for adults, \$7 for ages 4 to 12, and no charge for ages 3 and under.

Guests learn about CROW's history and day-to-day operations through displays, interactive exhibits and video. The center also features live animal exhibits, children's areas and live camera feeds of the hospital intake room and several outdoor rehabilitation enclosures. General admission includes the daily presentation (see schedule) and no reservation is required.

Hours are 10 a.m. to 4 p.m. Monday through Friday. CROW is located at 3883 Sanibel-Captiva Road.

For the safety of the animals and other guests, masks are required at all times in the Visitor Education Center.

Wildlife Walk Guided Hospital Tours – \$25 (includes general admission)

Southwest Florida is filled with fascinating wildlife, and CROW provides a unique opportunity to look into wildlife rehabilitation and meet the staff responsible for their care. Wildlife walks are the best opportunity for visitors to get an in-depth look into the



inner workings of the hospital and the treatment process. The hour and a half program has two parts: the daily presentation in the Visitor Education Center and then a guided tour through treatment areas of the hospital, concluding on the rehabilitation grounds. This program is open to all, but it is not recommended for children under the age of 13. Masks are required at all times during the tour.

Tours are offered Monday through Friday at 11 a.m. Capacity is limited to eight participants. Advance registration is required. Tours are subject to modification and cancellation based on patients recovering in the hospital.

To register, call 472-3644 ext. 229 or email reservations@crowclinic.org. Payment is required to complete reservation.

Daily Presentation Schedule

Friday, November 5, 11 a.m.,

Species Profile: Sea Turtles – There are seven different species of sea (or marine) turtle, and human activities have tipped the scales against the survival of these reptiles. Most species of sea turtle are classified as endangered, and CROW is the only licensed sea turtle facility in between Sarasota and Marathon From boat strikes to washback hatchlings, One

of CROW's team members explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Monday, November 8, 11 a.m., A Day in the Life – CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. CROW also benefits from the help of over 200 volunteers. While on site, students and volunteers learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. Volunteers, staff members and students are on hand to give you an inside look at what happens behind the scenes at CROW. One of CROW's animal ambassadors will be present.

Tuesday, November 9, 11 a.m., Turtles, Terrapins and Tortoises – Is it a turtle, a terrapin or a tortoise? They are all members of the Chelonian reptile family but convey distinct differences. This presentation discusses the distinctions between the three. One of CROW's animal ambassadors will be present.

Wednesday, November 10, 11 a.m., Wildlife Rescue 101 – Have you ever come across wildlife in "distress" but did not know the appropriate steps to help? Florida is home to more than 700 terrestrial animals and other invertebrates, and they all depend on our sustainable recreational practices to survive. From posturing to vocalizations, animals communicate in a variety of

ways and, at times, indicate their need for human assistance. Whether it is deterring visitors from feeding birds on the beach or detaching a pelican from fishing line in the mangroves, this program will cover wildlife rescue assessment as well as handling techniques. One of CROW's animal ambassadors will be present.

Thursday, November 11, 11 a.m., Patient Profiles: Birds of Prey – Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.✳

Thanksgiving Food Drive

Frozen turkeys and nonperishable Thanksgiving dinner food items are needed for the 6th annual Turkey Drop and Roll to benefit Harry Chapin Food Bank. Drop off will take place on Wednesday, November 10 from 10 a.m. to 2 p.m. at Lighthouse Point Condominiums, located at 200 Periwinkle Way, on Sanibel's east end. Monetary donations may also be made by check payable to Harry Chapin Food Bank.

For more information or if you have any questions, call Gregg or Kim at 724-953-6913.✳

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The December ABC class will be an in-person class held at the Sanibel Congregational United Church of Christ in the ground floor classroom. The class will run Thursday, December 2, 2021 from 6:00 pm to 9:30 pm and Saturday, December 11 from 9:00 am to 3:00 pm. Cost will be \$75.

Included will be an educational sunset cruise to experience navigating San Carlos Bay in daylight and after dark. Interested persons should pre-register for the course by going to www.sancapboating.club. Click on Education at the top and follow the prompts to the 2DEC21 ABC3 class.

Contact Robert Orr lead instructor at (239) 579-0139 or email Robert.orr1663@comcast.net



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Bailey-Matthews National Shell Museum
Shell Of The Week

The Lightweight Murex



by José H. Leal, PhD, Science Director and Curator

Favartia levicula (Dall, 1889) was collected at around 110 feet in depth and photographed by me aboard the Research Vessel

WT Hogarth during a recent Gulf of Mexico research cruise led by Dr. Greg Herbert of the University of South Florida. Although the shell illustrated measures about 12 mm, the species is known to reach 18 mm in height. The Lightweight Murex has an elegant sculpture of elegant, "upturned" spines. The identification of the species was confirmed by my friend and colleague Roland Houart of the Royal Institute of Natural Sciences in Belgium, who is a specialist in the family Muricidae (murex snails and drills). Read more about mollusks and their shells at www.shellmuseum.org/shell-guide and www.shellmuseum.org/blog.

The Bailey-Matthews National Shell Museum is open from 10 a.m. to 5 p.m. daily. Safety measures have been



The Lightweight Murex, *Favartia levicula*, from the northeastern Gulf of Mexico

José H Leal

put in place, and staff and visitors are required to wear face masks.

Your gift helps ensure that our staff and animals remain healthy. To make a secure donation, visit www.shellmuseum.org.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. For more information, call 395-2233.*

American Legion Post 123

American Legion Post 123 is having a fish fry from noon to 8 p.m. this Sunday, November 7.



The general meeting will be held on Tuesday, November 9 at 6 p.m.

Veterans get a free meal on Veterans Day, Thursday, November 11.

On Tuesdays, tacos are served all day. Steak and cheesesteak sandwiches are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. Sunday specials are served from noon to 8 p.m.

The first Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 8-Ball Pool League plays at 5 p.m. on Monday nights. Two tables are in play. Come out and watch the action.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome.

Post 123 is a non-smoking facility with an outside area available for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. For more information, call 472-9979.*

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For more information or to purchase your passport visit tasteoftheislands.org

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Brianna Machuga demonstrating the octopus sign photo provided

Sea School Staff Takes Course On Sign Language

submitted by Shannon Stainken, Youth Education Director

Sanibel Sea School staff had the opportunity to meet with representatives from the Deaf and Hard of Hearing Center (DHHC) of Fort Myers for an American Sign Language lunch and learn program in May. Its mission is to empower Southwest Florida's deaf and hard of hearing citizens and their families through education, advocacy and community involvement. During the class, Sanibel Sea School staff learned about federal Americans with Disabilities Act (ADA) laws and deaf culture and discussed ways we can make our programs more accessible to the deaf community.

The lunch also came with an introductory lesson in American Sign Language (ASL). The lesson started off with the ASL alphabet followed

by common phrases and finally, sea creatures. The lesson was tailored toward Sanibel Sea School's needs, so the staff sent DHHC words and phrases that marine science educators often use during their courses. The staff also learned signs for Sanibel Sea School's "one rule and three goals:" be kind, stay safe, have fun, and learn something. By the end of the session, staff were signing their names and having basic conversations.

Sanibel Sea School Marine Science Educator Brianna Machuga studied ASL during her time at Kent State University in Ohio and immersed herself in the region's deaf community. "The luncheon was so much fun. It was great to get a chance to brush up on my signs and even learn a few new ones," Machuga said. "I think it was a wonderful opportunity for all of us to learn more about the deaf community and how to communicate in American Sign Language so that we can be prepared when the need arises."

With the combined experience of this luncheon and Machuga's skills in ASL, Sanibel Sea School hopes to extend its reach and introduce even more students to the wonders of the ocean.

To schedule a class with Machuga for a student who communicates through ASL, call 472-8585 or email sanibelseaschool@sccf. Machuga is conversational in ASL but is not a licensed interpreter.

For more information on setting up a luncheon for your business or organization, visit DHHC's website at <https://dhhc.life/community-education>.✱

Top 10 Books On The Island

1. *Christmas in Peachtree Bluff* by Kristy Woodson Harvey
 2. *The Santa Suit* by Mary Kay Andrews
 3. *Once Upon a Wardrobe* by Patti Callahan
 4. *The Forest of Vanishing Stars* by Kristin Harmel
 5. *The Lincoln Highway* by Amor Towles
 6. *Every Kind of Wicked* by Lisa Black
 7. *For Whom the Shell Tolls* by Jennifer Schiff
 8. *Verity* by Colleen Hoover
 9. *The Mystery of Mrs. Christie* by Marie Benedict
 10. *Taste* by Stanely Tucci
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Pet Obesity: Risks And Prevention

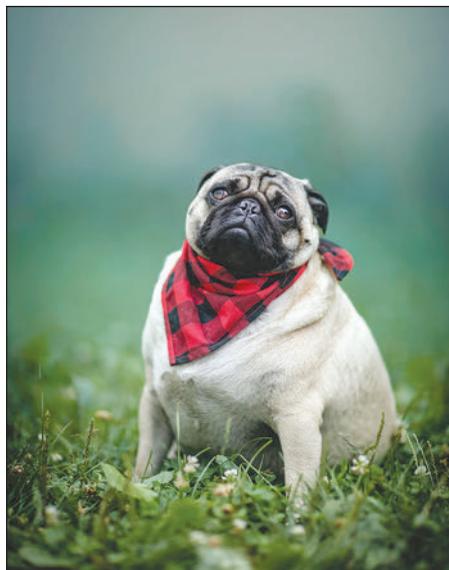


by Allison Havill Todd

While pets come in all shapes and sizes, incidents of plus-sized pets have increased exponentially in the past several years, leading to many life threatening

health issues. In particular, canine obesity statistics certainly increased during 2020-21 due to overfeeding and lack of exercise during the pandemic, but it is not a new phenomenon. The Association for Pet Obesity Prevention (APOP) estimates that 60 percent of cats and 56 percent of dogs are overweight or obese.

There is nothing politically correct about accepting obesity in our animals. As with humans, obesity in pets can lead to multiple health problems such as Type 2 diabetes, osteoarthritis, orthopedic problems, ligament injuries, heart and respiratory disease, and a decreased life expectancy of two or more years. Most pet owners want to spend as much time as possible with their beloved animals on this earth in a happy and healthy manner. Taking the necessary precautions from the start, or overcoming an existing weight problem, will go far in helping to



Being overweight puts your pup at great risk photo provided

extend the life expectancy of your furry friend.

Perhaps you haven't noticed the extra pounds that Fido has been packing on. The first step is to check with your veterinarian to ensure there are not any underlying medical problems that may be causing an unexpected weight gain. Your veterinarian can also provide guidance on what the proper weight should be for your pet, and help you establish a recommended routine and diet. Many veterinary offices have what is known as a Body Condition Scoring Chart, which aids in visually identifying the appropriate

weight for your dog. You should be able to easily feel their ribs when placing your hands on their sides. The contour of the waist from the chest cavity, as seen standing above them, should also be evident along with an obvious abdominal tuck when viewed from the side. If your pooch's figure is more similar to a manatee, things have gotten out of hand, and your friend's health is at great risk.

There are a few simple steps you can take to help your pet maintain a healthy weight or shed the extra pounds. Make sure to measure food portions accurately at meal times and establish a regular feeding schedule. Beware that recommended portion sizes on the label of many pet food brands can often be in excess of what your pet requires. Limit treats and break those you do distribute into smaller pieces. You may also consider some low calorie options such as carrots, green beans or apple slices. Avoid feeding table scraps or sharing your human treats with your companion, even if they are staring at you with their adorable, big, brown eyes; you are not doing them any favors!

In addition to monitoring your pet's diet, regular daily exercise and play time will help keep their energy and activity levels up. If your own mobility is compromised, consider hiring a dog walker or ask for a volunteer in the community to assist in providing your friend with consistent exercise. And, if your pet has mobility issues, you may need to consider decreasing their food intake under the guidance of your

veterinary professional. Carefully monitor your pet's weight on a regular basis to keep things in check and track their weight loss progress. If your pet is already obese (weighing 30 percent or more above their ideal body weight), implement new practices and changes in diet slowly so they can adapt.

Choose to spoil your furry friend with love, affection, exercise and play rather than tossing them a treat; their health depends on you!

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggiemom and facebook.com/thedoggiemom.✱

Red Kettle Bell Ringers Needed

This year's Salvation Army Red Kettle program runs from Friday, November 26 to Friday, December 24. Sanibel bell ringers will be on duty from 8 a.m. to 7 p.m. Monday through Saturday. Volunteers are needed, preferably for a two-hour session. Sign up online at www.registertoring.com. Log in with your email and password, and choose your date(s) and time(s).

Coordinators for this year's campaign are John MacLennan, 401-932-4383, and Susan MacDowell.✱



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Shells Found



Marilyn Nolte and Joy Courtright
photo provided

Joy Courtright and Marilyn Nolte of Pennsylvania found five alphabet cones near Signal Inn on Sanibel. Courtright found three and Nolte found two.*

Shells Found



Steve Montgomery
photo by Willow Peterson

Steve Montgomery of Kentucky found a junonia and queen helmet portion near Sundial Resort, where he was staying. The junonia was buried except a small portion and he noticed the markings. The queen helmet was dug up. He went to Bailey-Matthews National Shell Museum for identification.*

Fish Caught



Leslie Smiciklas with a snook
photos provided



Nick Smiciklas with a redfish

Leslie and Nick Smiciklas of Vero Beach, Florida were celebrating their 25th anniversary on Captiva recently. During their stay, Leslie caught a snook and Nick landed a redfish. They were using sand perch as bait.*

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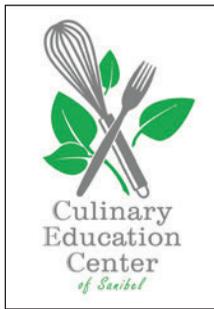
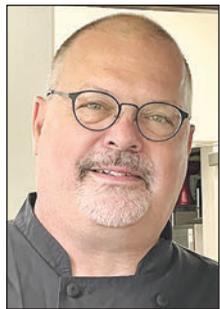
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The Community House

Homegrown Florida Potatoes



by Chef John Wolff

The potato is one of America's most popular vegetables. Each year, Americans eat an average of 125 pounds of potatoes per person. *Solanum tuberosum* – also called the Irish potato – is a cool season crop. During the winter and spring months, Florida's commercial farms grow and supply much of the country with "new" potatoes. White potatoes such as LaChipper, Sebago and Yukon Gold, and red potatoes such as Red LaSoda and LaRouge "thin skinned" potatoes do best in Florida. Russet potatoes do not fare as well here in Florida due to their longer maturation period. The best russet variety to plant here in Florida is Russet Norkotah.

Potatoes need cooler weather to

grow, therefore planting in late August or early September, and also in early to late January, is recommended.

A homegrown and freshly harvested potato tastes very different from one that has been sitting in storage or on a grocery shelf for months. Growing potatoes in Florida can be fun and easy.

On average, potatoes contain 18 percent starch, two percent protein, and small but necessary amounts of vitamin B6, iron, niacin, magnesium, thiamine, folic acid and potassium. They are also a good source of vitamin C. A medium potato contains about 75 calories, slightly more than an apple. Potatoes are low in sodium, essentially fat-free and easy to digest.

Avoid eating green tubers. Green tubers have relatively high levels of solanine (glycoalkaloid), which has a bitter taste. Solanine is found throughout the plant, but it is especially concentrated in un-ripened potato tubers, green tubers, and in new sprouts. It is toxic at very low levels. Tubers can "green" when exposed to sunlight in the field, in storage and at home.

I recently prepared a Loaded Baked Potato Gratin for our community social dinner (next one coming up November 10). Here is the recipe. I hope you enjoy it!

Read us online at
www.IslandSunNews.com

Loaded Baked Potato Gratin

1 tablespoon unsalted butter
1 cup coarsely grated cheddar-Jack cheese
1 cup coarsely grated Gruyere cheese
1 cup coarsely grated parmesan cheese
1 cup of cooked bacon, cooled and crumbled
6½ pounds (12-13 medium) Yukon Gold potatoes, thinly sliced on a mandoline
3 cups heavy cream
½ cup sour cream (in a squirt bottle)
1 tablespoon thyme leaves
2 garlic cloves, finely grated
Freshly ground black pepper to taste
1 cup (4 ounces) coarse sourdough breadcrumbs
2 tablespoons roughly chopped parsley, plus more for garnish
1 tablespoon olive oil
Pinch red pepper flakes
Preheat oven to 400 F and grease a 9- by 13-inch baking dish with the butter. In a small bowl, toss the cheeses and ½ of a cup of the bacon crumbles together and set aside.
In the greased baking dish, layer the potatoes in overlapping layers to cover the dish. Season with ½ teaspoon of kosher salt and scatter ½ cup of the cheese/bacon mixture over top. Continue this process of layering,

seasoning and scattering ½ cup of the cheese mixture with the remaining potatoes.

In a small pan, combine the cream with the remaining 1 tablespoon of salt, the thyme leaves, garlic and black pepper. Bring to a simmer over medium-high heat, then remove from the heat and pour into the dish over the vegetables. Place a piece of tin foil directly over the vegetables and bake until the vegetables are tender when pierced with a paring knife, 45 to 50 minutes.

Meanwhile, in a small bowl, toss the bread crumbs with the parsley, olive oil and pepper flakes. Remove the baking dish from the oven and discard the parchment. Scatter the remaining 1 cup of grated cheese and ½ cup of bacon crumbles over the potatoes, followed by the bread crumb mixture. Return to the oven and bake until golden brown, 15 to 20 minutes more.

Remove from the oven and let cool for 20 minutes before cutting. Garnish with more parsley, sour cream and cheddar cheese, then serve.

*John Wolff is the resident chef of the Culinary Education Center of Sanibel at The Community House. He enjoys sharing culinary knowledge with future chefs of all ages. Contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.**

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 1 pound snap beans, stems trimmed
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 2 large onions, peeled and sliced
 2 teaspoons olive oil
 2 tablespoons Worcestershire sauce
 4 cloves garlic, chopped fine
 1 tablespoon unsalted butter
 Sea salt and fresh ground pepper, to taste

Preheat a large sauté pan over medium-high heat. Add one tablespoon olive oil to the preheated sauté pan. Add sliced onions to pan and cook them for three to five minutes until almost caramelized. Add the green beans and garlic to the pan and continue to cook ingredients for another three to four minutes until the green



Snap Beans with Caramelized Onions and Mushrooms

photo courtesy Fresh From Florida

beans are almost to desired tenderness. Add mushrooms, Worcestershire sauce

and butter. Cook another two minutes. Taste and adjust seasoning with salt and

fresh ground pepper to taste. Remove from heat and serve warm.✪

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Chamber Reveals Plans For Luminary

The 2021 Luminary Holiday Stroll returns to its traditional festivities on December 3 and 4 with candles, Santa Claus, live entertainment, open houses and a new Luminary Lager brew. The Sanibel & Captiva Islands Chamber of Commerce celebrates its 37th year of bringing holiday cheer to the islands, once again setting the pathways aglow with candlelight, a warm welcome and goodwill.

“The business community is looking forward to opening doors again to residents and guests on this special weekend that has become synonymous with island holidays,” said John Lai, chamber president and chief executive officer. “It has been a celebrated occasion for so long that last year, despite all efforts to maintain merry momentum, traditional Luminary was sorely missed.”

As in years past, Sanibel will observe Luminary on Friday, December 3 and Captiva on Saturday, December 4, 5:30 to 9 p.m. both nights. Highlights of the festivities bring a live nativity scene to Sanibel and the popular golf cart parade to Captiva.

Last year, Luminary introduced fresh traditions that will continue this year. The tagline “Eat. Shop. Stay. Play,” created for the 2020 event, has become permanently woven into the fabric of



Visitors stroll the candlelit pathways of Periwinkle Place at a previous Luminary Holiday Stroll photo courtesy of The Beaches of Fort Myers & Sanibel

chamber messaging. Also returning this year, limited-edition Luminary Lager will be on tap, brewed in partnership with Point Ybel Brewing Company.

“This year’s Luminary Lager is brewed as a German Vienna lager,” said Point Ybel owner and brewmaster Jordan Weisberg. “Light amber in color with a delicate biscuit aroma, it gets its delicious flavor from German Vienna malt. It’s light, crisp and refreshing.”

Luminary Lager will be available for a limited time at the following locations: Casa Ybel Resort, Doc Ford’s Rum Bar & Grille, The Dunes Golf & Tennis Club,

RC Otter’s, Tippy Turtle and Traditions on the Beach.

“We invite everyone to don their holiday garb and come out to greet neighbors and new friends in a revived atmosphere of fellowship,” said Lai. “Please, come eat, shop, stay and play all weekend long. A huge thanks to our sponsors for helping us bring the celebration back in signature island style. More sponsors than ever stepped forward this year.”

“Luminary is an event that brings Sanibel residents, along with visiting guests, together with local businesses to

celebrate the joy of the holiday season,” said Chris Davison, general manager of presenting sponsor Island Inn. “The Island Inn could not be prouder to be its presenting sponsor.”

Sponsors for 2021 Luminary Holiday Stroll include: Presenting Sponsor – Island Inn; Gold Sponsors – American Realty of Captiva, Bailey’s General Store, Bank of the Islands, Coco Y Cabana, Doc Ford’s Rum Bar & Grille, Pinocchio’s Original Italia Ice Cream, Sanibel Carts, Toys Ahoy and Sanibel Captiva Community Bank; Bronze Sponsors – BIG ARTS, Blue Giraffe Island Dining, The Grog Shop, Priscilla’s of Sanibel and St. Michael & All Angels Episcopal Church; Parking Lot Sponsors – Bailey’s General Store, The Community House, Jerry’s Foods, Olde Sanibel Shoppes, The Villages Shops, Periwinkle Place and Tahitian Gardens.

For more information, visit www.sanibel-captiva.org or contact Landen Drake, communications and marketing manager, at 472-8255 or landen@sanibel-captiva.org.

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Book Review

Make Someone's Day



by Di Saggau

Howard Prager's book *Make Someone's Day* uses examples and short exercises that teach you how to make people feel like a VIP. Numerous CEOs and heads of

various companies have endorsed the book as a way to transform workplaces. Prager says the most powerful words someone can say to you are, "You made my day!" When you hear those words, it's not just an act of kindness, you have also done something that may turn someone's day or even their life around, inspire and motivate them, or get them unstuck. As a leader, it's a powerful tool for inspiring your colleagues and staffers. As a person, it's heart lifting and impactful to those around you.

In the book's foreword, Marshall Goldsmith, an executive coach for over 40 years, says, "Telling someone 'you made my day,' is a powerful win-win concept, strongly impacting the other person and, in response, your emotions reflect the gratitude of the person whose day you made. Yet, for

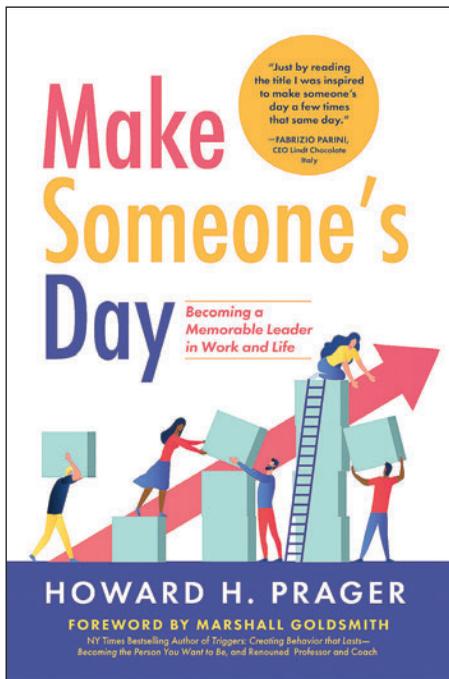


image provided

some reason, people don't do this very often. In his book, Prager describes the simple process he created to make someone's day, which he calls The VIP Model. He describes the science behind how it works and shares many stories and examples throughout the book, so you can visualize how you can make someone's day. This is a valuable concept and can be used by bosses, leaders and truly everyone."

Prager explains how being kind

matters and how it works with your emotions. He explains the many benefits in giving compliments. There is a chapter on how to make meetings and interactions meaningful. Another on how managers and leaders make a difference at work. What we have learned in a crisis, is a timely chapter on how the pandemic affected us. Perhaps two of the most important chapters are *Overcoming Rudeness And Incivility* and *Strengthening Family Relationships*.

Make Someone's Day is not just for those in the workforce. It has valuable

concepts to be used by everyone. Prager says, "My desire is that *Make Someone's Day* becomes a movement and takes on a life of its own as many people realize that it's just as easy to make someone's day as not to. Acknowledge others and be more aware when they have made your day so they feel the boomerang effect and then continue to do this for others."

Howard Prager is president of Advance Learning Group, and a columnist for *Island Sun* and *The River Weekly News*.✪

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, My son is in middle school, has learning issues and is on a 504 plan. He has difficulty with executive functioning skills,

and I would like some suggestions for accommodations for him on his 504 plan.

Melanie L, Fort Myers

Melanie,

Let me review some background about 504 plans before I make suggestions. Here's some basic information from www.wrightslaw.com that should be helpful.

"Section 504 is a civil rights law that prohibits discrimination against individuals with disabilities. Section 504 ensures that the child with a disability has equal access to an education. The child may receive accommodations and modifications, and it covers several areas: preschool, elementary and secondary schools, employment practices, accessibility, health, welfare and social services".

Here are some unique attributes of Section 504 plan that you should know:

1. Section 504 does not require written plans, and parents are often surprised to learn that Section 504 does not require the school to develop a written 504 plan.
2. Parents have fewer rights under Section 504 than Individuals with Disabilities Education Act (IDEA).
3. The school does not have to invite the parent to the meeting when the 504 plan is developed. The school must notify the parent that a 504 plan was developed. Most schools do invite parents to these meetings, however.
4. Section 504 has fewer procedural safeguards to protect the parent and child, however your school may have developed a policy of using procedural safeguards in a written 504 plan that are like those in IDEA, but this is not required under Section 504.
5. Section 504 protections follows the child after she or he leaves the public school system. IDEA does not. When the child graduates from high school with a regular diploma or reaches

the age of 22, the child's entitlement to rights under IDEA ends. IDEA rights do not follow the child into college or the workplace. Section 504 provides protections against discrimination after the child leaves public school. Parents have no rights after their child leaves public school under Section 504 or IDEA.

Accommodations must give the child meaningful equal opportunities, consider his or her functional limitations, and offer different ways to show what he or she knows. Given these guidelines, here are some accommodations that you might request for your son if appropriate:

- Extra time on tests;
 - Positive reinforcement and feedback;
 - Allowing breaks or time to move around;
 - Extra help with staying organized;
 - Plan for transitions;
 - Create "to-do" lists/checklists with estimated times;
 - Break long assignments into chunks and assign time frames for completing each chunk;
 - Simple instructions, step by step, with visuals;
 - Graphic organizers;
 - Color code (paper color or ink color) as warranted;
 - Use technology for reminders on projects, assignments, meetings such as iPad, iPhone, etc.
 - Student agenda with time each day to review and self-evaluate;
 - Keep an organized workspace; allow class time at end of each segment for this to occur;
 - Minimize clutter;
 - Ask for extra textbooks for home use – keep in work areas.
 - Have separate work areas with complete sets of supplies for different activities/subjects;
 - Schedule a weekly time to clean and organize the workspace; and
 - Modify tests – they can be overwhelming and stressful, you need extra time and quiet space, break down into parts to do at a time.
- Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. To contact her, email smgreggs@gmail.com or visit www.schoolconsultationservices.com.✪

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Get Crafty At Sanibel Library

Sanibel Public Library is your go-to for help with holiday planning. In addition to access to cooking databases and cookbooks, the library loans cooking kits, which check out like library books. The kits are circulated in bags with a coordinating cookbook and instructions. Some of the kits are especially handy at this time of year, like the soup pot, football-themed server, cookie kit, tart kits or crêpe kit.

Thousands of recipes can be found at A to Z World Food, and A to Z America food culture and recipe database. To access these websites from home, go to the Resources page at www.sanlib.org.

Borrow cooking magazines like *Bon Appétit*, *Cook's Illustrated*, and *Food & Wine* in print, or use your library card to borrow ebooks and magazines with the Libby App. The Hoopla app also has an extensive collection of ecookbooks.

You can borrow cookbooks written for children, with easy-to-follow recipes.

If you're looking for crafting ideas, borrow crafting, knitting and sewing emagazines, check the Libby app. If you prefer to borrow magazines in print, try *Quiltmaker* or *Martha Stewart Living*. There are many shellcrafting, quilting, upcycled clothes, papercraft and other crafting books in nonfiction.

A Sanibel-Captiva Art League exhibit is on display at the library until November 22. It includes artwork by members Gloria



Beth Jarrell of Sanibel Public Library with a Christmas cookbook photo provided

Krekel, Mary H. Klunk, Donna Filomio, Dave Tomkins and Carolyn Johns. While you're at the library, take in the fall weather and water views by spending time on the screened-in reading porch. The porch is not only a fresh-air place for reading, it also provides space for patrons to get their work done, with access to stable, high-speed WiFi.

The book sale room has lots of new fiction, coffee table books, magazines, CDs and young adult books. Most books are priced under \$4. In the main entrance lobby, there is a \$1 per book sale in with bestseller fiction.

The library is open for normal season hours. Patrons can pick up all items on hold from the main (east) service desk.

Library cards are available to all residents of Sanibel and Lee County at no charge. You must present your valid driver's license (or similar government ID) showing your current Lee County address. Visitor cards are available for a \$10 fee and are good for one year.

Computers, printers, scanners and fax machines are available as well as magazines and daily newspapers. For more information, call 472-2483 or visit www.sanlib.org.

Podcasts Airing From Climate Change Summit

A team of waterkeepers, assisted by the Waterkeeper Alliance, will create an hour of original content from this year's United Nations Climate Change Conference (COP26) in Glasgow, Scotland to recap daily events through a podcast to be streamed each day at 3 p.m. The podcasts will be streamed on the Waterkeeper Alliance Zoom account, as well as on the Facebook Live live pages of Waterkeeper Alliance, Kissimmee Waterkeeper and Collier County Waterkeeper.

The COP26 team assembling coverage each day includes veteran climate change expert and Kissimmee Waterkeeper Dr. John Capece; environmental advocate,

filmmaker and Collier County Waterkeeper KC Schulberg; former Puget Sound Waterkeeper and now Global Advocacy Manger for the Waterkeeper Alliance Chris Wilde; noted student educator and activist Rock Aboujaoude, Jr.; and Michal Fidler, data analyst and educational instructor specializing in new technologies.

Daily broadcast streams will include live reporting segments, interviews with attendees, edited recaps of each day's events, excerpts from the official COP26 conference feed, on-air host commentary, and opportunity for a question-and-answer session with the audiences.

On-air hosts for the Waterkeeper stream are Dr. Capece and Schulberg, with occasional guest co-hosting by Wilde. The Waterkeeper streams are made possible by Collier County Waterkeeper, Kissimmee Waterkeeper, the Waterkeeper Alliance, with additional support by True Elements and the Metzger Family.

"I am hoping this conference will constitute a watershed moment, allowing us to drive forward towards critical climate solutions," said Schulberg. "We are intent on bringing audiences behind the scenes reporting which you may not see on your major networks. Aside from the official pronouncements by heads of state, there are a host of alternative activist actions planned that are likely to be more interesting."

The daily coverage will continue through Friday, November 12 on the Waterkeeper Alliance, Kissimmee Waterkeeper and Collier County Waterkeeper Facebook pages.

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BIG ARTS Monday Night Film Series

Preparations To Be Together For An Unknown Period Of Time

by Di Saggau

The BIG ARTS Monday Night Movie for November 8 is *Preparations To Be Together For An Unknown Period Of Time*, a film from Hungary about a neurosurgeon who returns to Budapest to reunite with the love of her life, a man who says they have never met.

Marta meets Janos at a medical conference in New Jersey and after their brief encounter, she feels he's what she's been looking for all her life. Now, she's in Budapest, waiting to meet Janos, who fails to show up for their arranged rendezvous. Marta finds him at his hospital only to be told that he has no memory of ever meeting her before.

Is Janos pretending or has Marta imagined their relationship? Perhaps Marta has projected her own desires onto an unwitting subject. Or maybe she longs for a diagnosis of madness to cover the altogether more mundane truth that the love of her life is just like all the rest, a liar, a cheat.

Marta and Janos play an unspoken game of cat and mouse as they follow each other through a city that seems to mirror and map her internal conflicts. In one scene, the two are walking together on opposite sides of the street, exchanging no words, just looks and glances. When Janos disappears on one such walk, we wonder whether he was really there at all. Maybe we too, like Marta, are misremembering what we have seen. Or maybe Janos just took a different turn.

Preparations To Be Together For An Unknown Period Of Time is a puzzle with

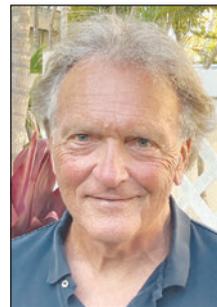


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gorgeous cinematography. The film runs 95 minutes and will be shown at 7 p.m. in Christensen Performance Hall. After the film, Don Breiter will lead a discussion. Tickets are \$10 and can be purchased online or at the box office. Visitors are asked to wear masks and BIG ARTS is continuing its safety standards, which are listed on the website.

BIG ARTS is located at 900 Dunlop Road on Sanibel. For tickets, call 395-0900 or visit www.bigarts.org.

Poetry Corner



by Clay C. Ewell

A MOMENT OF MOURNING

He has departed this world and in the open space he left behind
My wounded heart, in stubborn disbelief, struggles as if trudging through
Deep blinding snow, seeking its way along a path concealed beneath
The numbing cold whiteness.
There are moments when I wonder If my heart will beat again or
just come to rest, for want of a reason to go on.

I wonder where he is, can he see me and hear me, or does he even
Care anymore, having slipped away, rid of time and space and at the last,
His embodiment, where once resided the miraculous spark of life that
Was him, his finite presence, a vessel for the voyage across the wine dark sea
The page upon which would be written the songs of joy and pain, of triumph
And disappointment, the songs that barely fill an instant in eternity
But which resonate in my memories and fill me with longing.

Clay C. Ewell resides on Captiva with his wife and four-legged family. Self-employed as a consultant in the construction industry for 35 years, he flirts with retirement while enjoying time with Rita and pursuing his interests in reading, writing and cycling. Your comments and contributions to this feature are welcome at press@islandnews.com.

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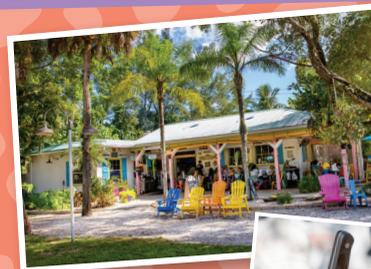
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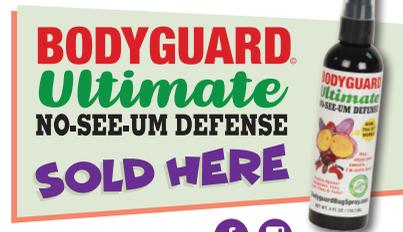


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Fishing Club To Hear Latest On Regulations

The Sanibel Island Fishing Club will hold its monthly meeting on Tuesday, November 9 in the north room of The Community House. The meeting gets under way at 6:30 p.m. with a social, followed by the presentation at 7 p.m. There is no admission charge and the angling public is invited to attend. Refreshments will be available at a nominal charge. The City of Sanibel requires that everyone inside The Community House wear a mask, and vaccinations are recommended.

This month's featured speaker is Florida Florida Fish and Wildlife Conservation Commission (FWC) Officer Wesley Furbay, who has been with the FWC since 2013. Furbay was born and raised in Lee County, and enjoys camping, hunting and fishing.

Furbay will be handing out the current FWC Fishing Regulations and discussing the recent closures of red grouper and lane snapper. Following his presentation, there will be a question and answer period where anglers can ask about various regulations, limits and the forthcoming goliath grouper limited special season. This presentation affords an opportunity to hear from a seasoned officer about what's going on today and what fishing enthusiasts



Wesley Furbay photo provided

might expect to see in the future for Florida.

If you are interested in becoming a member of the Sanibel Island Fishing Club, stop by and see what the organization is all about. To learn more about the club and for some fish recipes, visit www.sanibelislandfishingclub.com.

The Community House is located at 2173 Periwinkle Way on Sanibel.✪

Zonta To Host Virtual Film Fest

submitted by Sue Denham

This month, the Zonta Club of Sanibel-Captiva is hosting the 4th annual Lunafest Film Festival, with one large difference: This time, the event is virtual.

In order to host a festival during continuing COVID-19 restrictions, the film collection will be made available for a 48-hour period beginning Tuesday, November 9 at 7 p.m. through Thursday, November 11 at 7 p.m. For the ticket price of \$12.50, watch at any time on any device, as many times as you wish.

Zontian Carol Gestwicki, organizer of the festival, said, "Lunafest suggests that supporters invite a few close friends, pop some popcorn and watch from home in safety and comfort. It's a great way to honor women filmmakers and share ideas about women's issues."

Past Lunafest events have been held at The Community House, attended by eager followers of women in film. Founded 20 years ago by entrepreneur Kit Crawford, who developed Luna nutritional bars, Lunafest was created as a traveling festival with a collection of short films highlighting female filmmakers.

Since 2001, more than 170 women have shared their formerly untold stories through these unique, creative



image provided

and thought-provoking films. For each selected film, the filmmaker receives a cash award and sees her film shown to audiences at over 200 locations, raising awareness and funds for important causes. Proceeds from this virtual event will go to the Zonta Foundation, the club's nonprofit arm, to help fund grants for area nonprofits whose mission is empowering women.

For information and tickets, visit www.Lunafest.org/screenings and type in Sanibel, FL, or 33957 to find the Zonta San-Cap event page. Ticket sales are handled by Eventive and payable by credit card. Once ticket holders start viewing, they have 24 hours to watch the films.

For more information about Zonta, visit www.zontasancap.org. If you're a Sanibel-Captiva resident, look for information about Zonta's upcoming Community Collection Day on Saturday, November 13 at Sanibel Congregational United Church of Christ: another way to support Zonta. More details will follow.✪

2021-2022 Season Schedule of Events

Creative Captiva: An Artful Look at Captiva History

November 16, 2021



Our island as the basis for inspired art is on display in this collaborative exhibit with the Captiva Civic Association.

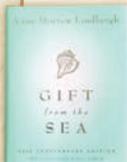
Join us on opening night of this fascinating art exhibit, which runs through December 1st.

Free admission
No reservations required

Tuesday, November 16, 2021 @ 5:00pm
Captiva Civic Association, 11550 Chapin Lane, Captiva

Panel Discussion with Kristina Lindbergh

December 5, 2021



CHS supports the Captiva Chapel by the Sea as they host the granddaughter of author Anne Morrow Lindbergh, who will discuss the impact of the "Gift from the Sea".

Free admission
No Reservations required

Sunday, December 5, 2021 @ 4:00pm
Captiva Chapel by the Sea, 11580 Chapin Lane, Captiva

Sentimental Journey Captiva Island 1941-1945

December 7, 2021

Our stage-production salute to the WW II years on Captiva features theatrical narrative, live music and images from our archives. With gratitude, we offer complimentary, reserved tickets for WW II veterans and spouses of WW II veterans.

Ticket Price: \$12
Limited seating - Reservations recommended
Tuesday, December 7, 2021 @ 7:00pm
Ballroom at South Seas Island Resort, Captiva



Open Air Cinema: "Pink Gold Rush"

January 11, 2022

This WCCU documentary provides an in-depth look at some of the history and biology of pink shrimp and their impact on SW Florida. Whether seated in your golf cart or your folding chair, we're certain you'll enjoy this film, when viewed in the fresh-air environment of McCarthy's Marina.

Ticket Price: \$12
Limited space - Reservations recommended
Tuesday, January 11, 2022 @ 7:00pm
Parking Lot at McCarthy's Marina, 111401 Andy Rosse Lane, Captiva

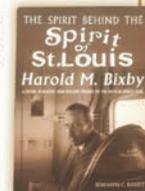


Book It: "The Spirit Behind the Spirit of St. Louis"

February 7, 2022

As the "self-appointed family historian," who better to read excerpts and discuss intricacies of the 2019 literary sensation than author Ben Barrett, whose grandfather, Captiva resident Harold Bixby, was at the core of the group who funded Lindbergh's trans-Atlantic flight.

Ticket Price: \$12
Limited seating - Reservations recommended
Monday, February 7, 2022 @ 7:00pm
Captiva Civic Association, 11550 Chapin Lane, Captiva



Tight Lines & Big Fish Stories: History of Angling on Captiva

March 7, 2022

Captiva was defined by fishing. Award-winning producer and CHS documentary Ken Sneed has reeled in the 9th documentary in our "Captiva Memories" collection. With a rich source of entertaining stories by interesting people, this one's a keeper!

Make your reservations today for the premiere.
Ticket Price: \$12
Reservations recommended
Monday, March 7, 2022 @ 7:00pm
Ballroom at South Seas Island Resort, Captiva



Tight Lines & Big Fish Stories: History of Angling on Captiva

Highlight on Historic St. Augustine

April 4, 2022

If you like Florida history you're sure to love St. Augustine, the oldest continuously occupied settlement of European and African-American origin in the United States.

A speaker from the St. Augustine, Ponte Vedra & The Beaches Visitors & Convention Bureau will reveal the historic merits of the city called St. Augustine.

Ticket Price: \$12
Limited seating - Reservations recommended
Monday, April 4, 2022 @ 7:00pm
Captiva Civic Association, 11550 Chapin Lane, Captiva



For reservations and information visit eventbrite.com or CaptivaIslandHistoricalSociety.org or call (239) 472-2323



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Virtual Panel Discussion On Documentary

A virtual viewing of *Waterborne*, a documentary film exploring the public health impact of harmful algal blooms (HAB) and waterborne containments, will be held on Wednesday, November 11 at 7 p.m. After the film, hear from scientific experts and officials on how Florida's policies fail to reduce the occurrence of HABs and bacteria contamination and inadequately protect the public from exposure.

The panel discussion will include: David A. Davis, PhD, research assistant professor of neurology and associate director of brain endowment bank at University of Miami Miller School of Medicine;

Michael Parson, PhD, professor at Florida Gulf Coast University Water School and Florida Blue-Green Algae Task Force member;

Richard Whitman, PhD, state science officer, Democratic Environmental Caucus of Florida; and

R. Grace Zhai, PhD, professor in the department of molecular and cellular pharmacology, University of Miami Miller School of Medicine;

Contributors to this documentary include researchers Paul Alan Cox, PhD; R. Grace Zhai, PhD; Zoraida Diaz-Perez; Mike Parsons, PhD; Michael Mullan, MD, PhD; Richard Whitman, PhD J. Glenn

Morris, Jr., MD Mph; David A. Davis, PhD; and policymakers, Chauncey P. Goss (South Florida Water Management District), Merritt Matheson (City of Stuart), Kevin B. Anderson (City of Fort Myers) and Nikki Fried (Florida commissioner of agriculture).

"Knowing what is in our water allows citizens to make more informed decisions about their health," said John Cassani of Calusa Waterkeeper. "We are committed to providing the community with expert knowledge, science and data to inform the public and policymakers. The *Waterborne* film showcases the scientific research and how Florida's policies are not working well enough to restore water bodies or protect its citizens."

For more information and to register for the free online event, visit www.calusawaterkeeper.org/waterborne.✳

Lovers Key To Undergo Beach Renourishment

The Lee Board of County Commissioners voted on Tuesday to accept a nearly \$12 million grant agreement with the Florida Department of Environmental Protection (FDEP) for a project to add sand to 1.1 miles of beach within Lovers Key State Park.

The grant includes nearly \$10 million in funding from FDEP and about \$2 million in local funding from Tourist Development Tax receipts on short-term lodging.

The beach at Lovers Key State Park

consistently ranks among Florida's best, according to prominent travel publications.

However, the project area has been designated by FDEP as critically eroded. The most recent nourishment was completed successfully in December 2014. Monitoring indicates that the project continues to provide storm protection, environmental benefits such as sea turtle nesting and recreational opportunities, but

is eroding over time as anticipated.

Construction is anticipated for late 2022 or 2023 pending completion of permitting and bidding.

Lovers Key State Park is located at 8700 Estero Boulevard on Fort Myers Beach. For more information about Lee County Natural Resources beach projects, visit www.leegov.com/naturalresources/marine/beachmgmnt.✳

Commissioners Accept Grant For Restoration

The Lee Board of County Commissioners voted on Tuesday to accept \$25,000 in grant funding from the U.S. Fish & Wildlife Services for restoration and improvement of former pasture land inside Pine Island Flatwoods Bayside Preserve.

This project focuses on removing exotic plant species and planting native grasses to reestablish the native vegetation and enhance the habitat for the native species in the preserve.

The preserve totals 945 acres and consists of multiple habitat types. The proposed restoration project is focused on specifically a 24-acre parcel that will improve the marsh and prairie habitats.

There are currently more than 31,000 acres within Conservation 20/20, Lee County's land acquisition and management program. Conservation lands help the

county protect drinking water, enhance water quality, provide nature-based recreational opportunities, protect areas from flooding and provide wildlife habitat. For more information, visit www.conservation2020.org.

To receive Lee County Government updates about Pine Island Flatwoods Bayside Preserve, Conservation 20/20 lands and other Lee County topics, sign up for the newsletter at www.leegov.com/resources/newsletters.✳

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Veterans Day Celebration



image provided

Lee Coast Military Officers Association of America and the City of Sanibel will resume observance of Veterans Day in person on Thursday, November 11.

The ceremony will be held at the flagpole in front of Sanibel City Hall at 10:55 a.m. The BIG ARTS Concert Band, led by August Thoma, will start playing patriotic music at 10:45 a.m. Local Scout Troop/Pack 1740 and the Sanibel Police Honor Guard will raise the flag at 11 a.m. The Rev. Dr. John H. Danner, senior pastor of Sanibel Congregational United Church of Christ, will give the invocation. Rotarian and Retired Army Officer William Harkey will speak.

Bank of the Islands is providing checks to the annual Veterans Day essay contest winners from The Sanibel School. Sanibel veterans who have passed last year will be remembered.*

Island Seniors Activities Offered At Rec Center

Island Seniors, Inc. is offering the following activities at the Sanibel Recreation Center:

Coffee Social – Monday to Friday at 9:30 a.m.

Social Bridge – Monday and Wednesday from 12:30 to 3:30 p.m.

Social Mahjonn – Thursdays from 12:30 to 3:30 p.m.

Cost for all games is \$3 for members and \$5 for nonmembers. Prizes are

awarded to winners.

A welcome back hot dog luncheon will be held on Wednesday, November 10 at 11:30 a.m. The board of directors will welcome back all members with a free hot dog lunch.

Page Turners with Louise Fitzgerald resumes monthly starting Tuesday, November 9. It has been moved to the second Tuesday of every month at 2:30 p.m., with an in person option at the new senior activity area at the Sanibel Recreation Center. *The Lost Apothecary* by Sarah Penner is the featured book for discussion.

If you would like to be added to the Page Turners email list, contact Louis Fitzgerald at sanibelbum22@gmail.com or call 304-707-1701.

The Sanibel Recreation Center is located at 3380 Sanibel-Captiva Road. For more information, call 472-0345 *

Art Opens Captiva Historical Society Season

by Kathy Kurtz Ferrari

The Captiva Island Historical Society will open its 2021-22 season with an event on Tuesday, November 16 at 5 p.m., called Creative Captiva: An Artful Look at Captiva History.

It will celebrate the history of the island through artwork by historically significant artists of Captiva.

The event is in collaboration with the Captiva Civic Association (CCA) and will be held in the CCA building. On display will be artwork from famous Captiva artists – on loan from the owners – including Robert Rauschenberg, Maybelle Stamper, Darryl Pottorf, Madith Mantyla, Myra Roberts and Lauri Kaihlanen.

During the opening reception, there will be a brief introduction of the works by CIHS President Tom Libonate and Matt Hall, facilities manager of the Robert Rauschenberg Foundation. Refreshments will be served with a cash bar, and masks are recommended.

The CCA, located at 11550 Chapin Lane, is limiting numbers in the building to 70 including the porch. No food or drink will be allowed inside the building.

The show opens that evening and will be on display through Wednesday, December 1.

For more information, visit www.captivaislandhistoricalsociety.org.*

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Superior Interiors

Upgrading The Guest Room



by Jeanie Tinch

Having a guest room comes with many benefits. It's a place to accommodate family and friends when they come to town, and it's an opportunity to escape to a room when you need a

change of scenery.

No matter how you're utilizing this extra living space (or how often it's used), all of the rooms in your home deserve a refresh every few years. If it's been a while since you've given the guest room the attention it deserves, and it's still rocking the outdated theme from the 1990s or early 2000s, now's a great time to consider an upgrade.

Instead of simply painting the walls and throwing down a new comforter set, why not go above and beyond? Here are a few helpful hints for turning your guest room into a hotel-like living experience that your guests (and you) won't want to leave.

When it comes to furniture, the guestroom is generally all about the bedding situation. This should absolutely be a focal point that gets

a lot of attention, but providing other comfortable furniture is a must as well. Your guests may not always feel comfortable lounging around your house, so giving them another place to sit in the guest space, such as a lounge chair or bench, can help them unwind after a long day or perhaps even prepare for the day to begin.

Think about the way you feel when you walk into a hotel room. It's luxurious. It's comfortable. It's refreshing. It's indulgent. It's generally everything you expect out of a getaway and more, regardless of where you're staying. Creating this same feeling for your guests is essential to keep in mind when remodeling this room. The theme should be bright and inviting, utilizing lots of neutral colors, and letting in as much natural light as possible.

At the same time, you want to create a space that's easy to wind down and get some sleep. Provide ample blankets and pillows so your guests can gauge their comfort levels on the bed as they please, and be sure to use a white noise machine and blackout shades in the room to make for a peaceful and flawless nap.

Some guests like to live out of their suitcases, while others are more interested in unpacking and giving their clothing room to breathe. Make sure there's room in the wardrobe or closet to accommodate your guests because certain people will see these spaces as useful and not just aesthetically pleasing.

You might have days blocked off before a holiday to prepare for your

mother's arrival, but what about the time she shows up unexpectedly? Will the guestroom be ready for her? Show this space attention on a regular basis to prepare for a surprise visit.

Your guest room should be an oasis no matter the time of year. If you can't remember the last season, or perhaps

even year, that you put effort into revamping your guest space, it's time to lay out the blueprint and get to work in establishing a cozy guest room that your friends and family can't get enough of.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindcedden.com.*

Progressive Club To Meet

The Progressive Club of the Islands will host its next Zoom meeting on Thursday, November 18 at 4 p.m. The speaker will be Ellen Freidin, Miami lawyer who was the leader of www.FairDistrictsFlorida.org and its successful 2010 citizens' initiative to outlaw gerrymandering.



Ellen Freidin

Due to Fair Districts Florida, the Florida Constitution prohibits drawing districts with intent to favor a political party or incumbent; requires that districts be compact, contiguous, equal in population and follow existing boundaries; while expressly protecting the rights of minority voters.

After the 2020 legislature did an end run around the new constitutional provisions, Freidin led five years of litigation to challenge the illegal maps in court and won – including nine published opinions from the Florida Supreme Court. As a result of this work, Florida's illegally drawn 2012 Congressional and Senate maps were held invalid, and maps submitted by the Fair Districts Coalition are now the law of Florida. The maps significantly leveled the political playing field in the state, and additional minority representatives

have been elected.

The meeting will be interactive with time for questions. Email pcisancap@gmail.com to receive the Zoom link, or watch live at www.facebook.com/pcisancap. Annual dues for the Progressive Club are \$35 for an individual or \$70 for a couple. To renew a membership or join, mail a check payable to PCI, P.O. Box 898, Sanibel, FL 33957. For more information, visit <https://pcislands.com> or email pcisancap@gmail.com.*

Holiday Fun Days At Rec Center

Registration is open for Thanksgiving week Fun Days at the Sanibel Recreation Center. Fun Days are offered Monday to Wednesday, November 22, 23 and 24. The program offers a variety of athletics, arts and crafts, and games. Enrollment is available for children in kindergarten through eighth grade. This program operates from 8 a.m. to 5:30 p.m. Each child needs to bring a lunch, water bottle, towel, sunscreen and swimsuit. Face masks are required.

Register 14 days or more in advance and receive the early bird rate.

Financial assistance is available to families based upon individual need. For more information, call the Sanibel Recreation Center at 472-0345.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, visit www.mysanibel.com.*

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From left, BIG ARTS Development Director Annie Campbell with representatives from The Sanibel Captiva Trust Company: Jeff Muddell, wealth services; Al Hanser, founder and chairman; and Robin L. Cook, wealth services photo by Impressions Photography

The Sanibel Captiva Trust Company will once again serve as the presenting sponsor of the popular Talking Points series at BIG ARTS. “When we saw the lineup of impressive speakers and poignant topics for this year’s Talking Points, we had to be involved in bringing this to the community,” said Al Hanser, founder and chairman of the trust company. “We’re very proud to continue our long partnership with BIG ARTS.”

This year’s Talking Points is a six-program series kicking off on January 11 with a diverse array of speakers:

Sarah Chayes, national award-winning reporter, and advisor to the chairman of the Joint Chiefs of Staff;

Jane Mayer, staff writer at *The New Yorker* since 1995;

Annabelle Tometich, the “Jean Le Boeuf” at *The News Press*;

Rick Atkinson, Pulitzer Prize-winning author on the American Revolution and its importance in the 21st century;

Ann Hagedorn, award-winning author of *Sleeper Agent* about an American-born Soviet spy involved with the atomic-bomb project.

Tessa LeSage, director of the FutureMakers Coalition at the Collaboratory in Fort Myers will moderate

a discussion on racial bias with panelists: Hugh Starnes, former judge in Florida’s 20th Judicial Circuit;

Shadreka McIntosh, doctor of pharmacy and native of Fort Myers, who opened the first wellness center and pharmacy in the underserved area of Dunbar.

“We are very grateful to The Sanibel Captiva Trust Company not only for their loyal support of BIG ARTS but also to the generosity and care they consistently show our community that helps preserve and grow the wonderful quality of life on the islands,” said Lee Ellen Harder, executive director of BIG ARTS.✧

Donate Blood

Lee Health is seeking blood donations to help replenish supply levels. As home to the region’s only trauma center, it is vital that the health system’s blood supply remains at healthy levels in order to quickly care for patients needing an urgent transfusion. All blood donated at Lee Health stays within the health system to care for patients in Southwest Florida. For more information, visit www.leehealth.org/our-services/blood-centers.✧



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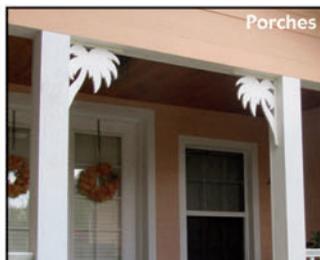
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Doubles Teams Wanted For SCCF Tournament

Time is running out to register doubles teams for the Sanibel-Captiva Conservation Foundation (SCCF) 29th annual Tennis Tournament. Matches will be held on Saturday and Sunday, November 13 and 14 at Beachview Tennis Club.

Mixed doubles have been added in to the tournament this year and Grampy's Charities is returning as the tournament's presenting sponsor.

The entry fee is \$75 per day or \$125 for both days of play. Tournament categories are 3.0, 3.5 and 4.0 men's, women's and mixed doubles. The registration deadline for player entry is Wednesday, November 10. For more information and to register your doubles team, call Toni Halski at Beachview Tennis Club, 472-9099.

Winners and runners-up will receive Luc Century etched wine glasses. All players will receive tournament T-shirts plus breakfast and lunch on both days.

For sponsorship opportunities, call Cheryl Giattini at 822-6121 or Lisa Newmeyer-Cochrane at 246-8875. Sponsorship levels are: Major, \$5,000;



Jim and Jonatha Castle of Grampy's Charities, presenting sponsor

photo provided

Grand Slam, \$2,500; Championship, \$1,000; Match, \$500; Set, \$250; and Game, \$150.

Tournament proceeds benefit the mission-driven work of SCCF, which is dedicated to protecting and caring for Southwest Florida's coastal ecosystems.

Beachview Tennis Club is located at 1101 Par View Drive on Sanibel. ✨

Funds Raised For Heights Programs



From left, Flight 2 winners Bill Harkey, Roger Grogman and Clark Rambo photo provided

The 6th annual benefit golf tournament Swing Fore The Kids at Old Corkscrew Golf Club raised \$44,000 for The Heights Foundation's programs. The programs work to build strong, self-sufficient families in the Harlem Heights neighborhood of Fort Myers.

The event included lunch, after golf hors d'oeuvres, auction and awards. Presenting sponsors were Entech and Amazon. Additional sponsors included Surf 9, TECO Energy, Five County Insurance, FPL, Owen-Ames-Kimball Florida, First Horizon Bank, Gulfshore

Cooling and Beth Prather Elder Attorney.

"The poverty rate for children in Harlem Heights is more than twice the county average," said Jim Sanger, chief operating officer of The Heights Foundation. "This tournament supports programs at The Heights Center including School Success and our enriching summer camp."

Buddy Martin, Jake Spanberger, Brian Miller and Joe Botteron were the flight one winners. William Harkey, Roger Grogman and Clark Rambo were the flight two winners. ✨

Ribbon-Cutting Held For New Retail Space

The Sanibel & Captiva Islands Chamber of Commerce celebrated the January opening of the BIG ARTS Gift Shop with a ribbon-cutting on October 27.

“Due to COVID, we decided to delay the ribbon-cutting until we could host the event in the gift shop with our friends from the chamber and the community,” said BIG ARTS Marketing Manager Michael Dest. “The BIG ARTS Gift Shop is a space where local artisans can display and sell their goods. It’s a great place to find that one-of-a-kind gift for someone special or a unique design element for your home.

“BIG ARTS has always had a gift shop, but the new building allows more artists space to display and was in response to the popularity of the old gift shop,” Dest added.

The shop is located in the main lobby across from the box office. It is open to the public Monday through Friday from 9 a.m. to 4 p.m., Saturday from 9 a.m. to 1 p.m. and Sunday from 9 a.m. to 1 p.m.

The gift shop carries a variety of handmade items from local artisans, including jewelry, stationery, sculpture, ceramics and home décor items.

“We’re always getting in new things made by the wonderfully talented people



Chamber representatives look on as BIG ARTS Executive Director Lee Ellen Harder cuts the ribbon for the new gift shop photo provided

in our community and the Southwest Florida region,” said Dest. “We are enjoying very brisk sales, so there are always new items on the shelves.”

Profits from gift shop sales are split between the artists and BIG ARTS’ programming to bring world-class arts and entertainment to the islands.

“What a great place to do holiday

shopping,” said John Lai, chamber president and chief executive officer.

“BIG ARTS has been a wonderful asset to the community and chamber partner for so long. We congratulate the staff on this latest development in a long line of expansions in the past couple of years.”

“BIG ARTS truly values the close relationship we have with the Sanibel

chamber of commerce,” said Dest. “They have many wonderful channels that allow us to reach a wider audience of both locals and visitors to our island.”

BIG ARTS is located at 900 Dunlop Road. For more information or the schedule for the 2021-22 BIG ARTS season, visit www.bigarts.org or call 395-0900.✪



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Business Women To Hold Luncheon

Doris Colgate, co-owner, president and chief executive officer of Offshore Sailing School, Inc., will present The Business of Sailing at the Sanibel Captiva Business Women's Association (SCBWA) lunch meeting on Tuesday, November 16. The meeting begins at noon at Sundial Beach Resort & Spa.



Doris Colgate

"We are thrilled to have Doris speak to our group," said Taylor Clarey, president of the Sanibel Captiva Business Women's Association. "Doris brings a rich history of successfully navigating the waters of being a female in a male dominated industry since the 1970s."

Colgate began her career in the typing pool in New York City and found her way to co-owning and operating Offshore Sailing School based in Fort Myers in 1988. Colgate and her husband, Steve, have grown Offshore Sailing School from a one-branch, two-instructor operation, to a widely-acclaimed, multiple-location sailing school with more than 160,000 sailing graduates since it opened on City Island, New York in 1964.

"Perseverance and being solution-driven are the keys to success. When met with a challenge, don't give up,

just change your approach," Colgate said. That mentality has served her well over the last four decades, landing her recognition as a Pace Center for Girls Grande Dame in 2019, among other accolades. In 1994, she received the Betty Cook Memorial Lifetime Achievement Award from *Boating Magazine* and *International Women in Boating* for her work in the marine industry. In 1996, she and her husband were honored with the prestigious *SAIL* magazine Industry Award for Leadership. In 2010, the Colgates were honored with the Junonia Award from the Beaches of Fort Myers-Sanibel for the level of tourism support their company contributes to Southwest Florida.

The Colgates' memoirs have just been published in a biography, *Offshore High*, a shared story of their lifetime of sailing all around the world and the adventures of running a successful business. *Offshore High* is authored by award-winning sailing journalist Herb McCormick who is an editor-in-chief of *Cruising World* magazine, and yachting correspondent for *The New York Times*. "We couldn't have chosen a better time to have Doris speak to us. Having just released *Offshore High*, she will be able to share excerpts from the book with our group, offer advice on overcoming obstacles and thriving in the workplace, and thoughts on making a difference in one's community," said Clarey.

Cost for the luncheon is \$30, or on Zoom for a donation contributing to SCBWA Continuing Education Scholarship Fund. The community is welcome. Register on Eventbrite at www.sancapbwa.eventbrite.com.✪

Landscape Redesign At Sanibel Bank



Rendering for the bank's landscaping project

image provided

Bank of the Islands' Sanibel office is undergoing a redesign of its exterior landscaping. Working with two Sanibel-based companies, Coastal Vista Design and Landgraphics Sanibel-Captiva, Inc., the bank will transform its location at the intersection of Periwinkle Way and Casa Ybel Road.

"It's been more than 20 years since we made any major landscaping changes," said Bank of the Islands CEO Geoff Roepstorff. "Some of the larger trees, the majority of which were nonnative, had grown to the point that their root balls had invaded the drains, causing standing water during rainfall. We hated the idea of taking out any trees, but they really had become a hazard. We're grateful to the City of Sanibel for approving our new plan."

The new landscaping plan increases the use of native vegetation such as cocoplum, golden creeper and gumbo limbo to create a canopy, and key thatch palms for defining focal points.

"We've designed a modern landscape palette that will refresh the property exterior and complement the building," said Coastal Vista Design owner Leigh Gevelinger. "It's a good, blended mix of native vegetation and tropicals such as bamboo ginger, a variety of bromeliads, and King Alexander palms as statement elements. This is a great project we're eager to bring to fruition."

The work commenced on October 30 and most of the project will be completed before Thanksgiving, after which the parking lot will be repaved.✪

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SAWGRASS

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Refuge Strengthens Education Team

In a partnership with the Lee County School District, JN “Ding” Darling National Wildlife Refuge and the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS) on Sanibel have negotiated the sharing of an environmental education resource teacher. Educator John Bailey began his role coordinating conservation education programs with the refuge earlier this month through the district’s curriculum and instructional innovation department.



John Bailey

environmental educator to replace a position that was cut from the budget by the federal government. Bailey fills that position, now jointly funded by DDWS and the school district. He will be driving busloads of district students to the refuge and will interpret their tours through Wildlife Drive.

“I’m excited about this partnership with ‘Ding’ Darling,” said Bailey, who transitioned to his new position from Trafalgar Middle School in Cape Coral, where he taught science. An honors graduate of Barry University in Miami, Bailey studied management with an emphasis on recreational tourism. He went on to pursue a master’s degree in educational leadership and has been a lifelong naturalist.

“I tend to drag my family to various spots around the world in search of natural points of interest,” he said. “I’m also an active scuba diver and involved with Sea Scouts, and continue to enjoy researching and sharing adventures and my love of the coastal ecosystems with everyone I meet.”

“This is a shining example of what can be accomplished through community partnerships,” said DDWS Executive Director Birgie Miller. “Thanks to creative thinking on Toni’s part and a lot of brainstorming with refuge and school district staff, we see a brilliant solution to busing issues and the federal budget cuts that have threatened to cripple the refuge’s mission to educate and mold conservation stewards of the future.”✪

“We are super excited to have this resource in our toolbox to help with our heightened on site and outreach education efforts this school year,” said Supervisory Refuge Ranger Toni Westland, who helped engineer the partnership. “John has the background and energy that make him a perfect fit with the ‘Ding’ education team.”

Since 2017, the refuge education team has been fortified through support from DDWS. That year, the nonprofit friends group hired a professional



From left, Madi Simons, Sara Cobane, Reuben Martinez and Kyle Caswell photo provided

Local Restaurant Supports FISH

The Lazy Flamingo signed on as a gold sponsor for the 13th annual 10K Race 4 FISH, a benefit supporting programs and services offered by FISH of SanCap. “The ‘Lazy’ has been a consistent sponsor of the 10K race and we’re grateful to them again this year for supporting our efforts,” said Diane Cortese, race committee chair.

Sara Cobane of the Lazy Flamingo said, “I love how FISH supports

employees on the islands. I personally received help from FISH for my dental work and couldn’t be more grateful.” Cobane said she is happy to be a part of the Lazy Framingo team who gives back to the islands.

The 10K race was held virtually this year. Runners participated and logged their time through the end of October. Participating runners received commemorative shirts and medals.

FISH provides services to residents, workers and visitors of the islands. For more information, contact Alicia Tighe Orgera, executive director, at 472-4775 or visit www.fishofsancap.org.✪



Just Listed Sealoft Village #109

Unique community of just 9 condo-like homes on almost 11 acres on beach side of Middle Gulf Dr. Each is nestled amid trees & natural vegetation. This one has paver parking, big storeroom, & outdoor shower below. Main living level up has both open deck & screened porch, modern kitchen that opens to great room with fireplace, 2 bedrooms, 2 baths, laundry closet, & bright open upper loft configured as 3rd bedroom.

Windows galore, skylights, high ceilings, beadboard & beachy furnishings. Easy stroll down boardwalk to gulf, plus community pool. Former tennis court being converted to pickleball & putting green. \$899,000



Bay Front Mariner Pointe #1061

Easy-access waterfront living facing San Carlos Bay on Sanibel’s boating peninsula at 760 Sextant Dr. Amenities include deeded beach access, private fishing pier, 2 swimming pools, tennis/pickleball, BBQs, canoe/kayak launch & storage racks, shuffleboard, & dockage by annual lease. Handy to causeway, adjacent to Sanibel marina. Remodeled with floorplan like no other. Bay views from front door through new open kitchen with island to living/dining area & newly glassed lanai. En suite master also has water view. Guest bedroom features custom Murphy bed & built-in-desk. Blue/white décor is coastal chic & delightful! \$724,000 furnished



Canal Near Beach Shell Harbor

Build new island home here & this will be your view. Over 1/3 acre mostly cleared at 860 Lindgren Blvd, this lot is large enough for spacious pool home. Shell Harbor is Sanibel Ecological Zone G (altered land) which offers most coverage. Sea-walled canal has patio dock overlooking this wide canal basin known as Victoria Cove. Shell Harbor community deeded beach access is one of largest on island (with parking) & just a few steps away at end of street. Bike path across the street. Boaters from here would travel under a Periwinkle Way bridge & past Sanibel Marina to deep water, bay, gulf, intra-coastal. Last opportunity! \$1,200,000



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2



3

1. GULF-FRONT HOME ON SEASPRAY - SANIBEL

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- Top floor master suite with walk-in closet. Gulf front pool & spa, multiple lanai's, impact windows, and more
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2. SERENE LAKE VIEWS & STEPS TO PERIWINKLE - SANIBEL

- 3 bed/2 bath updated half duplex including a spacious primary suite on the top floor with private sundeck
- The expanded floor plan features hurricane rated doors & windows, updated kitchen, community pool & tennis
- **\$769,000 EURO 662,673**

3. REMODELED DIRECT ACCESS HOME IN SHELL HARBOR - SANIBEL

- 4 BR/ 2.1 BA ground level home with tray ceilings, large kitchen & living areas perfect for entertaining
- Private pool, 2 outdoor showers, wrap around private dock & 10,000lb lift with direct access
- **\$2,358,000 EURO 2,09,459**

4. LAKE & GOLF COURSE VIEWS IN BEACHVIEW - SANIBEL

- 5 BR, 3.1 BA home completely renovated with gourmet kitchen, soaring 2 story ceilings and incredible views
- Private office, library, formal dining room, private pool, 2 car garage, and more
- **\$2,695,000 EURO 2,204,949**

5. DIRECT ACCESS BASIN HOME ON LIMPET DRIVE - SANIBEL

- 3 BR/ 3 BA home on one of Shell Harbor's most sought-after streets with wide boating basin & deep water direct access
- Private dock with composite decking & captain's walk, travertine pool deck with spillover spa, & new roof.
- **\$2,395,000 EURO 2,040,677**

6. CUSTOM DESIGNED LAKE & RIVERFRONT HOME - FORT MYERS

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- Outdoor kitchen and resort style pool with swim up bar, waterfall, sun shelf, and spa
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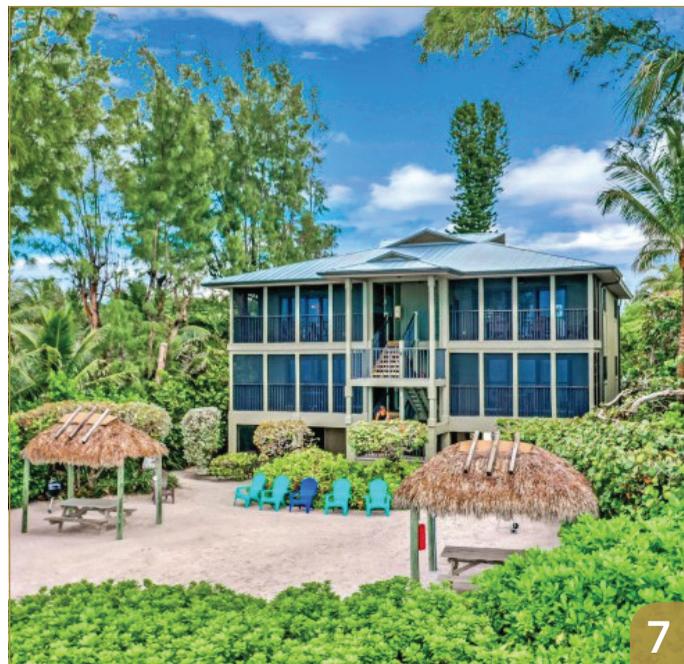
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5



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7



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Rotary Happenings

submitted by Cindy Carter

Have you ever wanted to be part of the Super Kids Club? Jennifer Nelson, director of advancement for New Horizons of Southwest Florida, shared with us how we can do that locally.



Jennifer Nelson photo provided

Nelson leads New Horizons of Southwest Florida, a nonprofit that strives to empower at-risk youth to reach their full potential through tutoring, mentoring and faith-building, and by participating in fundraising, communications and events to increase awareness and financial support for the organization. She works closely with staff, donors and partners to increase financial resources available to the organization. These efforts allow New Horizons to expand programs, support additional students and create future expansion of New Horizons' programs serving K-12 students in our Southwest Florida communities.

In 2003, Bob and Ellen Nichols saw a need to reach the children in a small Hispanic neighborhood in Bonita Springs. They could see the problems those children faced within their neighborhoods and recognized the need to help children from non-English speaking homes with

tutoring, mentoring and faith-building experiences to hundreds of Southwest Florida's most vulnerable youth.

The program meets in local churches and parks to help keep costs down. Throughout nearly 20 years serving at-risk children, New Horizons has served thousands of children from kindergarten through their journey to college.

The Sanibel-Captiva Rotary Club is holding meetings on Zoom and in person at The Community House, 2173 Periwinkle Way. Doors open at 7 a.m. and the meeting begins at 7:30 a.m. Email william.harkey@gmail.com by the Tuesday before the meeting if you would like to attend in person. All are welcome. For more information, visit www.sanibelrotary.org.✪

their skin is tougher and less sensitive than horses, making them more appropriate for an island teeming with mosquitoes. They consume less food and require less water than horses, making them less expensive to maintain. They also live longer than horses, making them more economical for Sanibel farmers.

"Stop by the village during our mule celebration, take a picture with our new life-sized mule, and learn more about this amazing animal that helped make Sanibel possible," Alfino said.

From page 1

Mule On Sanibel

merchandise is also available in the gift shop in Shore Haven.

President Ronald Reagan officially proclaimed October 26 as Mule Day in 1985. It was the 200th anniversary of the arrival of a donkey named Spanish Jack in the United States, a gift from Spanish King Charles III to George Washington, who was interested in breeding American mules from Spanish stock. Washington bred the first mules of their kind from this donkey. A mule is a cross between a female horse and a male donkey.

Mules have more endurance than horses and are more sure-footed. They are highly resistant to heat, sun and rain, and

The Sanibel Historical Museum and Village is open Tuesday through Saturday from 10 a.m. to 4 p.m. In accordance with City of Sanibel regulations, masks are required inside the buildings. Guided tours are available only if reserved in advance for groups of six to 10 people, depending on docent availability. This precautionary measure is due to COVID-19. "We hope to be able to resume our regular tours, at 10:30 and 1:30, as soon as possible and within safety guidelines," Alfino said.

The Rutland House is temporarily closed for repairs. "We hope to reopen Rutland House, which was the first building to be brought to the village in 1984, as soon as we possibly can," Alfino said.

The Sanibel Historical Village is located at 950 Dunlop Road (next to BIG ARTS). Admission is \$10 for adults over age 18; no charge for members and children. The village has handicap access to all but one building, the post office. For more information, call 472-4648 during museum hours or visit www.sanibelmuseum.org.✪

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Beneficiary Income Tax Planning



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

One of the most overlooked aspects to estate planning is income tax planning for your beneficiaries, whether those include a surviving spouse, children or grandchildren. Here, I'll review several strategies that may be used to mitigate income taxes for your loved ones.

Sprinkle Trusts – When creating a Family Trust at your death for your spouse and children, a sprinkle trust gives the trustee the ability to sprinkle the income amongst the spouse, children and grandchildren. This enables the trustee to direct the income to the beneficiary(ies) that need it the most. If the

spouse is the primary concern, the trust language should direct that the spouse's needs are first considered. By allowing the income to be distributed to children and grandchildren, the family's marginal tax rate is likely minimized, assuming those individuals are in lower tax brackets.

Optimal Basis Increase Trusts (OBIT) – Layman refer to the fair market adjustment at death as the "step-up in tax cost basis." The law instead provides that assets are adjusted to their fair market value, which means that those falling in value will also be adjusted downward, eliminating capital losses. With a testamentary optimal basis increase trust embedded into your plan, capital losses are preserved while unrealized capital gains are eliminated through the basis adjustment upward.

Beneficiary Deemed Owner Trusts (BDOT) – In recent weeks, you may have read about Intentionally Defective Grantor Trusts (IDGT), where a transfer to trust occurs, resulting in the assets treated as a completed gift, therefore outside of your estate for estate tax purposes, yet for income tax purposes, the trust is still yours, meaning that you pay the tax on any income, perhaps receive the benefits (in limited ways) or you can transact sales without recognizing gain. This is a strategy that the Democrats wanted to eliminate, and at the time that I'm writing this column, it's unclear whether the strategy will remain available. The BDOT is like the IDGT except the beneficiary is deemed as the taxpayer for income tax purposes, even if the trust accumulates income, which normally results in the trust paying the taxes. Because the federal income tax rates impose higher marginal rates on irrevocable trusts than they do on individuals, this strategy may be used to minimize income taxes for beneficiaries.

Identifiable Beneficiary Trust Shares – Normally non-spouse beneficiaries of IRA and 401(k) accounts become the outright beneficiary of their inherited IRA

accounts. Sometimes it's appropriate to protect the IRA distributions, since they are not creditor exempt, with a qualified retirement account trust. In order for the beneficiary of the trust to be considered the "see-through" beneficiary of the qualified retirement account, the trust share must meet the "identifiable beneficiary" treasury regulations.

Charitable Remainder Trusts – For those charitably inclined, especially those who have traditional qualified retirement accounts and wish to name a loved one and a charity as the beneficiary after your death, charitable remainder trusts are a viable option. Here, the distribution rules fall outside of the 10-year payout mandated under the 2017 SECURE Act laws. Under a charitable remainder trust, your loved one receives an annuity or unitrust payment for their lifetime, or a period of years following your death. On the expiration of that term, the balance is distributed to charity.

Charitable Lead Trusts – Again for the charitably inclined, charitable lead trusts work in reverse to charitable remainder trusts. Here the charity(ies) receive the annuity stream for a period of years, then after that term is over the balance is distributed to loved ones. Because of the length of time between your death and distribution to loved ones, this type of trust usually benefits grandchildren or successive generations rather than children. Unlike charitable remainder trusts, charitable lead trusts do not qualify as a "charity" so naming one as a beneficiary to a qualified retirement plan account must be carefully considered.

There are several nuances to each of these strategies, depending upon your situation, and should be carefully considered before implementing.

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Florida Legislators Introduce Safe Waterways Act

Residents and tourists come to Florida's iconic waters for recreation and enjoyment but unfortunately, many state waterways have become more polluted and dangerous. In fact, nearly one million acres of coastal estuaries and 9,000 miles of Florida's streams and rivers are verified impaired for fecal indicator bacteria (FIB). FIB indicates the presence of dangerous pathogens that can be found in animal and human feces. However, no state requirement exists to consistently inform the public of this threat to their health. Currently, warnings are only being posted at a small subset of state recreational waters through the Healthy Beaches program.

To solve this problem, State Sen. Lori Berman and State Rep. Yvonne Hayes Hinson recently filed SB 604 and HB 393, termed the Safe Waterways Act. The legislation will require county health departments to post and maintain warning signs at additional public bathing places that have been verified impaired for fecal coliform, *Escherichia coli*,

or enterococci bacteria by the Florida Department of Health. Signage would be present until the waterbody meets state water quality standards, which would provide additional incentive to speed up restoration efforts. The legislation also includes the specific language for the signage.

John Cassani of Calusa Waterkeeper released the following statement:

"For too long, public waters contaminated with fecal bacteria have gone without public notification of the health risk. Many of Florida's waters designated for recreation have fecal bacteria levels consistently above the threshold the Florida Department of Health uses to close coastal beaches, yet on-site signage to indicate the specific risk is lacking. The problem has grown exponentially as Florida's population has exploded, and restoration has not kept pace with the increasing and widespread rate of impairment. This legislation would require signage at statewide recreational waters other than coastal beaches and bring emphasis to the need for accelerated restoration."

Floridians and visitors have the right to know if the waters they swim and recreate in are safe.

For more information, visit www.right2knowfl.org.✧

How's The Market? Ask Ann Buying Or Selling? Call Me!

Want to buy a condo on Sanibel? Your goal is to own a 2-bedroom unit on the beach. Your budget is between \$700,000 to a \$1,000,000. As I write this column, there are only 17 Condos for sale on Sanibel. Just 7 Gulfside Units.

Only 3 Condos under \$1,000,000. Keep in mind, you are competing with several prospects looking to purchase in this price range.

What is your solution? Pick a Realtor who will watch the market on a daily basis and update you promptly. I would like to be that Realtor who provides this service for you. I have been inside almost all of the listings currently on the market and have over 20 years of Sanibel experience. I make it a point to see all new listings and FaceTime my Buyers quickly.

Currently, as an extra incentive, I am offering to pay for a Home Inspection and also to pay for a 1-year appliance warranty at Closing through Home Tech.

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Ann Gee
Broker/Owner

7 Closed Sales Going Back One Week: 6 Homes & 1 Condo

5117 Sea Bell Rd. A102 Blind Pass Condo - \$602,500	554 E. Rocks Dr. - \$975,000
9214 Kincaid Ct. - \$695,000	5880 Sanibel-Captiva Rd. - \$1,310,000
1025 South Yachtsman Dr. - \$800,000	1761 Venus Dr. - \$1,849,000
2445 West Gulf Dr. D-1 Pointe Santo - \$815,000	

Have a good week and call me with any comments or questions.

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 • Direct Access to Bay & Gulf
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Frankly Speaking

by Howard Prager



By the time you read this, the World Series champion is crowned. The Braves have most of the country rooting for them. Baseball does not like cheaters.

Commissioner Rob Manfred did not do justice to the Houston Astros cheating controversy, with only managers penalized, none of the players. And it's many of the same players from that Astros 2017 team that were found to be cheating that are on the World Series roster this year. This is much the opposite to what happened over 100 years ago when the entire White Sox team became known as the Black Sox as eight players were accused of throwing the 1919 World Series and banned from baseball for life by the first baseball commissioner, Judge Kennesaw Mountain Landis.

I spoke with baseball analyst Jeff Wilder about playoffs, world series and what's ahead for baseball. Here are some of his thoughts and predictions.

The two winningest teams aren't playing in the World Series, but they did go head to head. Too bad it ended on a check swing that wasn't a swing at all. That leads me to my ongoing replay concern. While I feel I'm a baseball traditionalist, I'm also a proponent of replay. However, MLB is terrible at how

they utilize the replay technology. They need serious help when it comes to administering and interpreting replay. More on that later. First, there are too many instances that are not reviewable. Perhaps chief among them are check swings. If a replay ump can clearly see that it wasn't a swing, overrule the call on the field. If not, explain why the call was upheld. And that leads me to my second and most important point of how MLB uses replay. Stop keeping fans in the dark. Every replay review should require an explanation that is displayed on the scoreboard. There has to be some kind of explanation that the fans can see. They deserve at least that much. I'm also hoping that eventually, MLB replay will evolve similar to the NFL and NHL. Instead of umpires simply putting on headphones and listening to the replay ump in New York review the play, the ump who made the call in question has a video monitor to see and re-evaluate his call with the help of the replay ump. They have to come to an agreement. I think the ump would welcome this, as they really do want to get the call right. Why not give them the opportunity to see their call and correct it during the game, instead of apologizing after the game?

Baseball 2021 may see a few things go extinct. The World Series games in Atlanta will likely be the last time fans will see a pitcher bat (with the exception of Shohei Ohtani). I believe that with the next Collective Bargaining Agreement (CBA), MLB will add the DH to the National League this offseason. And don't be surprised if by the next CBA, there is no longer a National League and American

League. I believe the leagues will eventually be dissolved for geographic realignment.

As far as the rules of baseball, I think: The three batter rule for relievers will stay in place;

The regular season extra innings rule will also stay in place, but will not be available during postseason;

Seven inning doubleheaders will be eliminated, despite protests from the players union;

Defensive shifts will be limited, and it will be a requirement to have two infielders on each side of second base;

There will be a limit to the number of pitchers allowed on the roster. I have a feeling they'll cap it at 14. It's clear now that pitching in the postseason is totally different than the regular season; and

There are advanced metrics and analytics for managers in the postseason indicating that a pitcher going through the lineup even a second time is not ideal. The use of the "opener" and compartmentalizing the game into two to three inning segments in the postseason will not go away.

As for the World Series, I'm sure what the Astros want to do is win it all in a full season without any cheating. From their perspective, I think it will prove to everyone that they're good enough to win it undisputedly. My opinion, however, is that while MLB can't go back and award the 2017 Dodgers the World Series title, they can (and should) take that title away from the Astros and vacate the 2017 champion.

Our good news story this week comes locally from the Fort Myers Mighty Mussels. "The Minnesota Twins have

announced that former Mighty Mussels catcher and outfielder Jeferson Morales has been named the team's 2021 Harmon Killebrew Award Winner. Morales was nominated by the Mighty Mussels front office as a player who went above and beyond regarding fan interaction during the season, showing a constant willingness to interact and sign autographs whenever he could.

The Killebrew Award was created following the Hall of Famer's death in 2011, and annually recognizes a player from each of the organization's full season affiliates who demonstrated outstanding community service. Morales will be honored during an on-field ceremony in spring training. The La Victoria, Venezuela native was a fan favorite throughout his three months in a Mighty Mussels uniform, proving to be one of the club's most respected and trusted leaders. A lynchpin in the middle of the batting order, Morales slugged 26 extra-base hits in 71 games in Fort Myers, drawing 42 walks while stealing 12 bases (.784 OPS). Morales earned a promotion to High-A Cedar Rapids on August 7, a moment that Mussels manager Brian Meyer called a highlight of the 2021 season. Morales continued to mash in Cedar Rapids, hitting .301 with five home runs in just 25 games with the Kernels." Congrats Jeferson, and we look forward to watching your future success.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@islandssunnews.com. ✨

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Program On Memory Impairment

FISH of SanCap and The Dubin Center are hosting a community workshop, *When We Begin To Forget*, focusing on breaking the stigma of memory impairment. The workshop will be held on Wednesday, November 10 at 10 a.m. as a limited seating, in-person event at The Community House, as well as a virtual program via Zoom. The workshop will be limited to 20 people in person. Attendees must wear a mask throughout the entire presentation and



Jan Golembiski

adhere to social distance guidelines. Virtual participants will receive instructions upon RSVP. Registration is required.

Jan Golembiski, dementia resource navigator of The Dubin Center, will provide a general overview of memory impairment. For over 20 years, Golembiski has been a geriatrics social worker. Graduating from Stockton University, she soon found her place at a small nursing home in New Jersey. There, she fell in love with the residents in dementia care and found herself at home. She managed The Richard Simon Foundation for Alzheimer's in Atlantic County, New Jersey, helping hundreds of families care for their loved ones with dementia through education and counseling.

The workshop is designed for those living with or caring for someone with memory impairment. For more information and to RSVP, call 472-4775.

The Community House is located at 2173 Periwinkle Way on Sanibel.*

City Offering Lifeguard Course

The City of Sanibel is offering the American Red Cross Lifeguard Blended Learning course at Sanibel Recreation Center. Sessions will be held on Friday, November 12 from 4 to 7 p.m., Saturday, November 13 from 9 a.m. to 5 p.m. and Saturday, November 20 from 9 a.m. to 5 p.m. Cost is \$214 for members and \$280 for nonmembers.

Blended learning combines online learning with in-person skills sessions where you will practice skills and demonstrate competency. The American Red Cross Lifeguard Training course gives participants the knowledge and skill set to become professional lifeguards. This course requires all participants to pass the in-water prerequisite test on the first day of class in order to continue being enrolled, and must be at least 15 years old by completion of course.

Swim requirements include:

300-yard continuous swim using front crawl, breaststroke or combination; two minutes of treading water with hands in your armpits without stopping; within one minute and 40 seconds, swim 20 yards, retrieve a brick at seven to 10 feet deep and swim 20 yards back to the starting point while both hands are on the brick and face is above water, and exit the pool without using ladder or stairs.

All participants must complete the entire online course before the first day of class and bring their completion printout to class. Instructions on how to access the online material will be emailed to you one week prior to the start of your course.

To obtain certification, participants must be able to attend all online and classroom sessions, complete the pretest, all skill checks and score an 80 percent or higher on the written exam.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information call 472-0345 or visit www.mysanibel.com.*

SPORTS QUIZ

1. "The White Mamba" was the nickname for what member of the 2008 NBA champion Boston Celtics team?
2. On April 21, 2012, right-hander Philip Humber threw a perfect game pitching for what MLB team?
3. What 2003 first-round NFL Draft pick by the Baltimore Ravens was named NFL Defensive Player of the Year in 2011?
4. Name the legendary tennis player who, in 1964, became the first Black golfer on the LPGA Tour.
5. Name the annual award presented to the NHL player exhibiting "the best type of sportsmanship and gentlemanly conduct combined with a high standard of playing ability."
6. Malik Sealy, who was killed in a car crash by a drunk driver in 2000, had his No. 2 jersey retired by what NBA team?
7. In the past decade, Montee Ball, Melvin Gordon and Jonathan Taylor each have won the Doak Walker Award as the nation's best running back playing for what Big Ten team?

ANSWERS

1. Brian Scalabrine. 2. The Chicago White Sox. 3. Terrell Suggs. 4. Althea Gibson. 5. The Lady Byng Memorial Trophy. 6. The Minnesota Timberwolves. 7. The University of Wisconsin Badgers.

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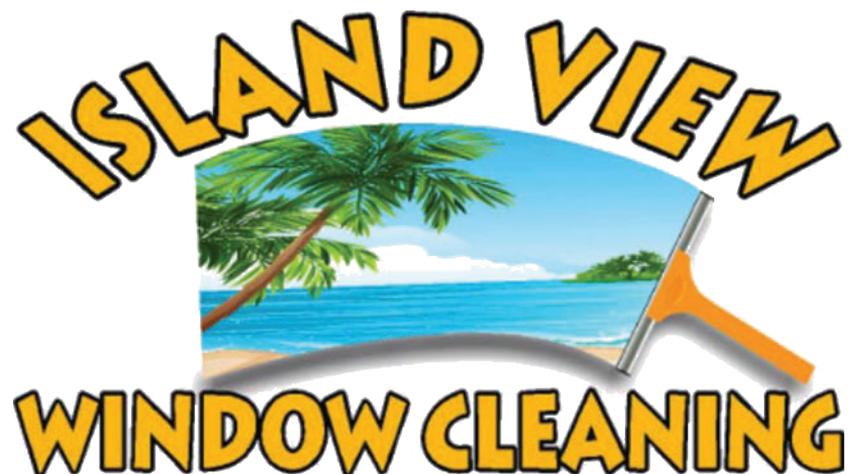
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Health First

Should I Buy Organic?



by Julie Rosenberg, MD

Organic foods are a regular feature at most supermarkets. Do you know the difference between organic foods and their traditionally grown counterparts

when it comes to nutrition and safety? This article offers a perspective on “buying organic.”

Understanding organic foods – Organic refers to the way farmers grow and process agricultural products, including fruits, vegetables, grains, dairy products and meats. Organic farming practices are designed to enhance soil and water quality, reduce pollution, and provide safe and healthy livestock habitats.

The use of synthetic fertilizers, most synthetic pesticides, genetic engineering and antibiotics or growth hormones for livestock are not permitted in organic farming. Weeds are controlled naturally (crop rotation, hand weeding, mulching and tilling) or with organic-approved herbicides. Pests are controlled with natural methods (birds, insects and

traps) and naturally derived pesticides. Organic farming practices for livestock include healthy living conditions, access to the outdoors, and organic, hormone- and GMO-free foods for animals.

Check food labels – The U.S. Department of Agriculture (USDA) has established an organic certification program. All organic foods must meet strict government standards that regulate how such foods are grown, handled and processed. A product labeled as organic on the product description or packaging must be USDA certified. If a product is certified, the producer may use an official USDA Organic seal.

Are organic foods more nutritious? – Scientific studies have shown small to moderate increases in some nutrients in organic produce when compared with conventionally grown produce. In addition, organically grown produce has lower detectable levels of pesticide residue. The feeding requirements for organic livestock farming (such as the primary use of grass and alfalfa for cattle) generally result in higher levels of omega-3 fatty acids in organic meats, dairy and eggs.

The downside to buying organic – The biggest downside to buying organic is cost. I was at the Whole Foods market recently. One-half pint of organic raspberries was \$4.49, while its conventional counterpart was \$3.49. I then stopped at the meat section to pick up chicken for dinner. Organic chicken breasts were \$8.99 per pound

while boneless, skinless chicken breasts were \$5.49 per pound. The cost differential was \$7 for two pounds of chicken breast!

Given cost considerations, it may not always be possible to buy organic. So, when should you buy organic? Each year, the Environmental Working Group (EWG) produces a Shopper's Guide to Pesticides in Produce. In 2021, the EWG identified the following 12 foods as “the Dirty Dozen.” Of 46 items included in the EWG analysis, the Dirty Dozen foods were contaminated with more pesticides than other crops. These foods are:

Strawberries
Spinach
Kale, collard and mustard greens
Nectarines
Apples
Grapes
Cherries
Peaches
Pears
Bell and hot peppers
Celery
Tomatoes

I'd suggest that you buy organic if your grocery list includes any of these items.

Food safety – Whether you buy all organic foods or a mix of conventional and organic foods, food safety is key. I've listed six important safety tips below:

- 1) Read food labels. Organic does not necessarily mean “healthier.” Organic products can be high in sugar, salt, fat and calories.
- 2) Buy fruits and vegetables that are in season to get the freshest produce. Support local farmers when possible.
- 3) Wash fruits and vegetables using clean, running water before eating them. Washing helps to remove dirt, bacteria and traces of chemicals from the surface. Wash and scrub fruits and vegetables that have firm, rough surfaces such as potatoes.
- 4) Place raw meat, poultry and

seafood in containers or sealed, leakproof plastic bags for storage. Freeze them if you do not plan to use them within a few days.

5) Use one cutting board for fresh produce and another for raw meat, poultry or seafood.

6) Wash your hands for 20 seconds with soap and water before, during and after preparing food.

In summary, organic foods may offer enhanced nutritional benefits. Certain types of conventionally grown produce are much higher in pesticides than others and should be avoided when possible (See: <https://www.ewg.org>). If you can afford the higher prices, look for a “certified organic” label on pork, chicken and eggs, and choose “pasture raised” or “100 percent grass fed” beef and dairy. Regardless of whether you buy organic or not, always practice proper food safety procedures.

Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, *Beyond the Mat and Be True*. For more information, visit her website at www.drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com.✪

Wednesday Night Adult Soccer

Sanibel adult co-ed pick-up soccer is played at the Sanibel ball fields on Wednesday nights from 5:30 to 7:30 p.m. on field two. All skill levels are welcome. There is no fee to participate. Players must wear closed toe shoes. No metal studs of any type may be worn. No sandals or bare feet. Shin guards and protective wear are recommended. Pick-up games are weather permitting.

For more information, contact Connor Russell at connor.russell@mysanibel.com or call the Sanibel Recreation Center at 472-0345.✪

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Overlooked Causes For Hair Loss



by Suzy Cohen, RPh

Dear Readers:

I was talking with a friend who said she is suddenly experiencing hair loss, and that it is very disappointing to her because it

appears to be getting worse. She was leaning on me for advice because, "I can't look in the mirror anymore."

She has tried all the expensive shampoos and color treatments, she has asked her doctor, and she has finally retreated to the reality of losing her hair, when she is still a very pretty woman in her mid 70s. Basically, she's given up hope for restoration.

Today's article is to help you understand the possible causes for hair loss. It's not always because of advancing age, although that is one obvious reason.

An estimated 100 hairs are shed every day. That's hard to believe, but it's true. If you're not growing new hairs, the hair loss becomes more evident. So hair loss and hair growth are two different, dynamic things. You can't stop the shedding, that's natural, but you do have some control over new hair growth.

If you can't figure out the root cause of the hair loss, you are never going to solve it. Here are a few possibilities:

Statin Use – People with elevated cholesterol sometimes take statin medications such as atorvastatin to help improve their ratios. A well-documented side effect of this category of medications is reduced production of thyroid hormone. And that leads to hair loss. This was exactly the problem with my friend the other day... she told me she had been on a statin drug for about two or three years, and that's when her problem began. Statins, through their drug mugging effect, lead to reduced hair growth and extra shedding.

The fix for statins is pretty simple. I'd suggest you talk to your physician and get a prescription for a thyroid hormone medication. You could also try a good thyroid supplement to support thyroid hormone synthesis.

These are choices to consider

while you work with your physician to determine what is best with you.

Antibiotics and Anti-fungals – Many people today are treating themselves for mold illness or other infections such as Lyme disease, H pylori, SIBO, or even acne. The medications that "kill" organisms are well known to cause hair loss, and this begins about two to four months into drug therapy. It's often overlooked by doctors who have one goal in mind, treat your infection.

But the hair loss can be profound and frightening to the patient, so I'm listing this category of medications so you understand what is happening and can take action. The fix would include some high-quality probiotics and prebiotics, as well as some patience. Upon discontinuation of the offending drug, your hair should slowly begin to grow back.

Autoimmune conditions are another cause for hair loss. There are several others, but I've run out of space here. If you'd like to learn more, I have written a comprehensive article on this topic, along with "the fix" for each problem. This article can be emailed to you if you'd like it, just sign up for my free newsletter at www.suzycohen.com.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

FISH Hosting Workshop On Medicare Options

FISH of SanCap is offering a Medicare informational workshop on Tuesday, November 9 beginning at 3 p.m. This will be a limited seating, in-person event at The Community House, as well as a virtual event via Zoom. For those attending in person, there will be a 20-person maximum. Attendees must wear a mask throughout the entire presentation and adhere to social distance guidelines. Virtual participants will receive instructions upon registration, which is required.

Now is the time to plan for 2022, and the Area Agency on Aging for Southwest Florida will educate and evaluate current coverages and options for 2022 as participants make the decision to remain with their current plan or to enroll in a new plan. Anyone with Medicare Advantage or a Part D

plan should take time to review the Annual Notice of Change (or your Evidence of Coverage statement) which provide important changes to plan benefits, coverage and costs. For those dissatisfied with plan changes, enrollment in a new plan can occur during the Medicare Annual Election Period, October 15 to December 7, 2021 for changes effective January 2022.

For registration and/or Zoom instructions, contact the FISH Walk-In-Center at 472-4775. This program is a

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I would like to forgive myself for something I did that I feel shamed about. How can I go about that?

A: We all do things we later wish we hadn't or we realize we could

have done better than we did at the time. Perhaps instead of punishing or criticizing yourself, how about forgiving yourself for it?

Make a note of what happened so you can improve, then offer yourself love and compassion for what did happen

courtesy of SHINE Community Outreach and Area Agency on Aging for SWFL. SHINE services are free, unbiased and confidential. SHINE counselors are able to assist with matters related to Medicare, including access to preventive services, cost-saving programs, and identifying and reporting Medicare fraud. For more information, visit www.aaaswfl.org. For more information on the SHINE program or for additional assistance, call the Elder Helpline at 1-866-413-5337.

The Community House is located at 2173 Periwinkle Way on Sanibel.*

and learn from it. Hold the thought of what you are unhappy about, and set the intention of washing it with forgiveness. Also, remember to have self-compassion, and compassion for others will come through you and you will find peace.

Know that miracles exist everyday.

Choose a miracle and experience it for the amazing wonder that it is. Take a minute and emotionally immerse yourself in it. Notice all the beauty that surrounds you, and this will help you practice forgiveness. It's also helpful to say or write 20 things you are grateful for. This will help you find peace within yourself and raise your vibration to be more peaceful and loving.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.

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Doctor and Dietician

Add Chickpea Burgers To Your Plant-Based Meals



by Ross Hauser, MD and Marion Hauser, MS, RD

As you know, we love our veggies. Adding some plant-based meals into your daily eating plans helps improve your health and can strengthen your immune system and reduce your incidence of getting sick. Not everyone benefits from going completely vegan or even vegetarian, but it doesn't mean you can't throw in a veggie meal every now and again. Plus, if you invite vegan friends to the backyard barbecue, you'll now have something you can make for them.

As we all know, increasing fresh vegetables and fruits in our diets helps reduce incidence of type 2 diabetes, heart

disease, certain cancers and can help improve fitness, as well as improve bowel health. A more plant-based diet means that you are adding whole foods that are naturally unprocessed or refined and come from plant sources versus animal sources.

One website, www.forksoverknives.com, is a great way to find plant-based recipes and ideas for adding more whole food, plant-slant meals. They even offer meal planners and cooking courses. We like to try new recipes and read a lot of different recipes versus just eating the same thing day after day. It makes mealtime a lot more exciting and interesting. Who doesn't love a delicious new food?

We wanted to share this chickpea burger recipe with you. We recently tried this and found it to be very delicious. Chickpeas, also known as garbanzo beans, are a great source of protein and fiber. We like to keep these in the pantry to add to soups, stews, or dishes such as this one, as well as to season and roast for a delicious snack.

What you need: one 15-ounce can of chickpeas rinsed and drained; 1/2 cup oats; finely chopped veggies such as red onion, bell pepper, carrot, garlic, kale, mushrooms, or spinach; herbs and spices – we love to use fresh from our garden – such as cilantro, basil, parsley, oregano – as well as garlic, cumin, onion powder, smoked paprika, salt and pepper – or whatever your favorites are; oil for cooking.

What to do: Grate the carrots,

pepper and onion (by hand or use a food processor). Squeeze between paper towels to remove moisture. Chop herbs and garlic. Add oats and chickpeas to food processor and blend for one minute until dough forms (or mash by hand). Combine with veggies, herbs, and spices in a mixing bowl. Form into patties. Heat about 1/2 cup oil (avocado oil works great) in pan and add the patties and cook about three minutes per side. Garnish with tzatziki, avocado sauce, or regular condiments.

These patties are great to make ahead to have for lunches or dinner, on top of a salad, in a wrap or just by themselves. You can store them all week in the fridge. Enjoy.

This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.

Beautifulife:

Party Time



by Kay Casperson

We are entering one of the busiest party times of the year. From homecoming to Halloween, then on to Thanksgiving and Christmas. Not to mention, the new year

celebrations that will be fast approaching. Then, suppose you happen to have people in your life born in the last quarter of the year, like me. In that case, you will mix in birthday parties and find yourself in significant celebration mode.

Between October and December, our family celebrates my daughter Kayla's October birthday and my Halloween birthday. Then on to my daughter Kayce's November birthday, Thanksgiving, our Christmas Eve anniversary, and then Christmas and the new year.

As a business owner, I plan the parties and celebrations for my staff to enjoy, including end-of-year boot camps, Luminary, Christmas and seasonal celebrations. This year, in celebration of my birthday and Halloween, we celebrated at our Sundial Spa location with a Halloween costume party and contest.

Needless to say, over the years, I have come up with many different party ideas. From spa, beach and boat parties to costume, picnic and sunset parties, I believe we have done it all.

The opportunities are endless between

my spa locations and our weather being so beautiful year-round.

We now partner with a pop-up picnic company offering picnics on the beach or the lawn of the resorts where my spas are located. We call them "Pampered Picnics" as an opportunity to get together with girlfriends to do spa services and then enjoy a picnic with friends. These can be done any time throughout the day, from brunch to sunset.

So, I have definitely established some simple rules to keep your parties fun, festive and stress-free.

Pick a theme and build your party around it, from color, season or event.

Make a list of all the things you think are essential for a successful party.

Collaborate with others that specialize in things like decor, food or entertainment.

Plan food and drinks that fit all, or have many options to choose from.

Engage others to help where needed to lighten the load.

Rest up because you will most likely be the life of the party.

There is excitement in the air as people are ready to get out again to be with others in celebration. Party times can be some of the best times necessary to live your most beautiful life.

My affirmation for you this week is: "I will make party time the best time to cherish life's precious moments."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.

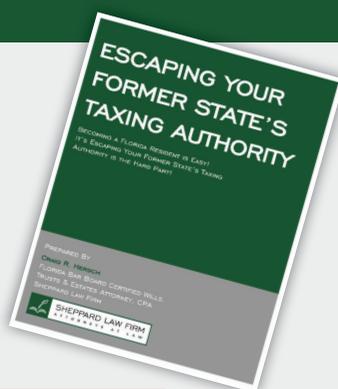
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- Symphonic Chorale of Southwest Florida 560-5695
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- ABWA <http://abwasanibelcaptiva.org>
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- Audubon Society 472-3744
- Bailey-Matthews National Shell Museum 395-2233
- CHR Community Housing & Resources 472-1189
- Community Foundation of Sanibel-Captiva 274-5900
- COTI Committee of the Islands coti@coti.org
- CROW, Clinic For The Rehabilitation of Wildlife 472-3644
- Disabled Am Vets #108 (San-Cap Rep Ted Tyson) 211 984-5920
- FISH OF SANCAP Neighbors Helping Neighbors 472-4775
- FISH OF SANCAP 24-hr service 472-0404
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- Horticulture and Tea Society of Sanibel and Captiva 472-8334
- JN "Ding" Darling National Wildlife Refuge 472-1100
- Kiwanis Club 677-7299
- League of Women Voters sanibelLWV@gmail.com
- Lions Club, Jeff MacDonald 302-521-1158
- Master Gardeners of the Islands 472-6940
- Military Officers Assc. of America, Alex MacKenzie .. 395-9232
- Newcomers 472-9332
- Notre Dame Club of Southwest Florida 768-0417
- Optimist Club 472-0836
- PAWS, Protection of Animal Welfare Society 239-313-6918
- Progressive Club of the Islands pcisancap@gmail.com
- Rotary Club 472-7257 or 472-0141
- Sanibel Bike Club sanibelbicycleclub.org
- Sanibel Beautification Inc. 470-2866
- Sanibel-Captiva Orchid Society 472-6940
- Sanibel-Captiva Power Squadron www.sancapboating.club
- Sanibel-Captiva Republican Caucus 395-0819
- Sanibel-Captiva Shell Club 267-7291
- Sanibel Historical Museum & Village 472-4648
- Sanibel Island Fishing Club 472-8994
- Sanibel Youth Soccer 395-2040
- SCCF Sanibel-Captiva Conservation Foundation 472-2329
- SCCF Sea Turtle Hotline 978-728-3663
- Shell Islands Garden Club 246-8875
- United Way of Lee County - 24 hour helpline 211 433-2000
- Zonta Club 728-1971

To be listed in calling card email your information to: press@islandsunnews.com

PUZZLES

Answers on page 54 and 55



"No, it's not for my sweet athletic son—it's for my no-good, shiftless _____."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Stroll

MARBLE

Believe

STRUT

Hunt

CASHE

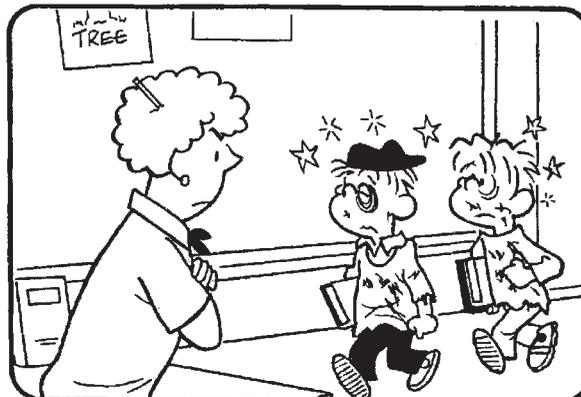
Fit

LENDERS

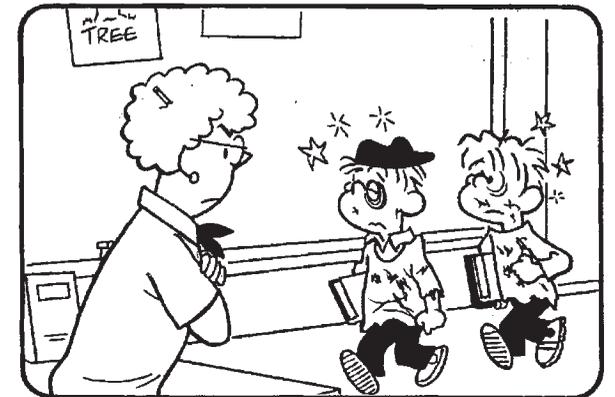
TODAY'S WORD

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Star is missing. 2. Pencil is shorter. 3. Eraser is added. 4. Glasses are added. 5. Bow is larger. 6. Pants are different.

	2		9	4		6		
1		4		8				7
8					1		9	
	7	2			4		8	
	5		1			7		6
4			3	7		5		
	8			9		1		3
2			7		5			4
		1			3		5	

To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

PUZZLES

Answers on page 55

Super Crossword

WAY TO GO

- ACROSS**
1 Abu Dhabi, for one
8 Old name for a hippo
14 Top banana
20 Like many rec room walls
21 Democratic diplomat Harriman
22 Take off of a spool
23 Cat's-eye, steelie and aggie
25 Skimpy
26 Moral wrong
27 "High School High" actress Carrere
28 Wife of TV's Frasier
30 "Take — out of crime!"
31 Nine-digit ID, for short
34 Big Apple inits.
36 Tsunamis are big ones
38 They make pins fall
43 Fashion figure Oscar de la —
44 Colored ring of the iris
45 Falco who portrayed a Soprano
- 46** Alan who portrayed Hawkeye
48 Mai — (cocktail)
51 Has in one's sights
53 They list a film's cast
57 Diamond great Mel
58 Midwest air hub
61 CPR specialist
62 Conductor André
63 Corp. shake-up
66 Gold, to Jorge
67 Zip
68 1995-2016 NBAer Kevin
69 Radials, e.g.
73 Zoo
76 Chi-Town team
77 "— Na Na" (TV oldie)
78 French painter Edgar
82 Concert extra
83 And so on: Abbr.
84 For — (really cheaply)
86 Avail
87 Resounding storm noises
90 Harmful ant
- 93** Good cholesterol, for short
94 "If only — known!"
95 Suffix with kitchen
98 More in order
99 Maine university town
102 Diner and sleeper
104 Casino cubes
108 — laude
109 'Neath's opposite
110 Deer family member
111 State of societal breakdown
114 Amigo
116 Orlando-to-Miami dir.
119 More highfalutin
121 What eight answers in this puzzle are
125 2017 biopic about skater Harding
126 Attacked energetically
127 Acid neutralizers
128 Big pizzas, say
- 129** Like some post-meal bad breath
130 Principe's partner island
- DOWN**
1 Actor Omar
2 African land
3 As a response for
4 Playa del —
5 Old ring king
6 Camp shelter
7 Border fringe
8 Facial offerer
9 British noble
10 Both: Prefix
11 Viols' kin
12 — acid (fat compound)
13 Squander
14 Tour vehicle
15 Hocked
16 Reach for rudely
17 Using other sources
18 Opposite of east, in Mexico
19 Choral clubs
24 Possibly
29 Sound in "cant" but not "cent"
32 Walk heavily
33 River close to the Sphinx
35 Loutish guy
37 Close to its face value, as a bond
38 Ulan —, Mongolia
39 Elocute
40 Defense gp.
41 Sour fruit
42 MGM lion
46 Without purpose
47 Allow to
49 Feuding, say
50 "Who —?"
52 Jarred
54 Disguise
55 Muffed up
56 Thick
59 Elbow locale
60 Sat on a perch
64 Hit with the knuckles
65 Close watch
67 Vote down
68 Immense
70 Trapping in branches
71 — Raton
72 E'en if
73 One of the "Little Women"
74 With a sharp image, for short
75 Like nerves acting on eye muscles
79 Part of many a heavy-metal track
- 80** Fall bloom
81 Soothsayers
83 Ecol. monitor
84 1970s wine, for short
85 Rowlands of "Gloria"
88 1970s spinoff sitcom
89 Grassland
91 Make over
92 Egnog spice
96 Dr. Mom's attention
97 Spew forth
100 Skyrocketing
101 Odd feature of a cyclops
102 Actress Leah
103 Nebraska natives
104 AOL rival
105 Vital conduit
106 Halved
107 Actor Sacha Baron —
112 Liking a lot
113 Novelist Jennifer
115 Follower of "ooh" or "tra"
117 Thin
118 "Who —?"
120 Dorm heads, for short
122 Pig's home
123 Boxing win, in brief
124 Scoundrel

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	
20							21						22						
23							24						25						
26					27			28				29		30					
		31	32	33		34		35			36		37						
38	39				40			41	42			43							
44					45				46	47						48	49	50	
51					52			53	54					55	56				
57					58		59	60		61			62						
63			64	65		66			67			68							
			69		70				71			72							
73	74	75					76				77			78		79	80	81	
82							83				84			85			86		
87							88			89			90	91	92				
93					94				95	96	97		98						
		99	100	101					102				103						
104	105						106	107				108			109				
110						111				112	113		114		115		116	117	118
119					120							122			123	124			
125																			
128																			

King Crossword

- ACROSS**
1 Tibetan monk
5 Triumphed
8 Used car sites
12 Trojan War hero
13 Lincoln nick-name
14 Taj Mahal city
15 TV fare for a night owl
17 Gusto
18 Gallery display
19 "The Raven" writer
20 "No way!"
21 Sign before Virgo
22 "Now, where — I?"
23 Vivaldi's output
26 Reveal
30 Dating from
31 Embrace
32 Salty septet
33 "Citizen Kane" sled
35 Train tracks
36 Observe
37 "Ray Donovan" actor Voight
38 Dish
41 Pirate's drink
42 Expert
45 San —, Italy
46 Single payments
- 48** Borodin's "Prince —"
49 "Uh-huh"
50 Perched on
51 Like slasher films
52 Mag. staff
53 Shetland, for one
- 8** Revolving server
9 Curved molding
10 Serving aid
11 Auction
16 Detail, briefly
20 Dallas hooper, briefly
21 Biography
22 Peruke
23 Scratch
24 Mil. morale booster
25 "Mayday!"
26 Lemon
27 Wahine's gift
28 Guy's date
29 Curvy letter
- 31** Coloration
34 Spell-off
35 Cavort
37 Checker moves
38 Bluenose
39 Toy block name
40 Cupid's speciality
41 Regretted
42 Car
43 "Let's go!"
44 Glimpse
46 Caustic solution
47 Potential syrup
- DOWN**
1 In — land
2 Slightly open
3 Damon of Hollywood
4 Chopper
5 "Yippee!"
6 Bassoon's kin
7 Just out

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
15				16				17		
18				19			20			
		21			22					
23	24	25			26			27	28	29
30				31			32			
33				34			35			
				36			37			
38	39	40			41			42	43	44
45					46			47		
48					49			50		
51					52			53		

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 H F D B A Y X V F T R O P O A
 M K I G S H S T U N H G U O D
 E D (C H E E S E C A K E) B Z N
 X P I Z Z A K K I S L L O R U
 W B U T F R Q A L R O A N L S
 J & M A E R C E C I F T I G F
 D J C A S N I F F U M O Y X W

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
 Unlisted clue hint: CINNAMON —

- | | | | |
|------------|-----------|-------------|---------|
| Brownies | Doughnut | Honey | PB&J |
| Cakes | Fast food | Ice cream | Pizza |
| Cheesecake | Fries | Milk shakes | Sundaes |
| Cookies | Gelato | Muffins | |

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--	--	--	--	---	---	--

Redfish Pass Tides

Day	High	Low	High	Low
Fri	12:51 am	7:57 am	3:12 pm	7:10 pm
Sat	1:20 am	8:47 am	4:20 pm	7:27 pm
Sun	12:55 am	8:42 am	4:47 pm	6:34 pm
Mon	1:34 am	9:44 am	None	None
Tue	2:21 am	10:53 am	None	None
Wed	3:18 am	12:06 pm	None	None
Thu	4:38 am	1:16 pm	9:54 pm	None

Point Ybel Tides

Day	High	Low	High	Low
Fri	2:17 pm	7:59 am	None	7:12 pm
Sat	12:25 am	8:49 am	3:25 pm	7:29 pm
Sun	12:00 am	8:44 am	3:52 pm	6:36 pm
Mon	12:39 am	9:46 am	None	None
Tue	1:26 am	10:55 am	None	None
Wed	2:23 am	12:08 pm	None	None
Thu	3:43 am	1:18 pm	8:59 pm	None

Punta Rassa Tides

Day	High	Low	High	Low
Fri	1:00 am	8:21 am	2:51 pm	8:13 pm
Sat	1:24 am	9:08 am	3:47 pm	8:52 pm
Sun	12:54 am	8:56 am	3:42 pm	8:32 pm
Mon	1:32 am	9:44 am	4:34 pm	9:11 pm
Tue	2:22 am	10:35 am	5:29 pm	9:54 pm
Wed	3:29 am	11:35 am	6:30 pm	10:56 pm
Thu	4:56 am	12:50 pm	7:33 pm	None

Cape Coral Bridge Tides

Day	High	Low	High	Low
Fri	3:01 am	11:13 am	5:22 pm	10:26 pm
Sat	3:30 am	12:03 pm	6:30 pm	10:43 pm
Sun	3:05 am	11:58 am	6:57 pm	9:50 pm
Mon	3:44 am	1:00 pm	None	None
Tue	4:31 am	2:09 pm	None	None
Wed	5:28 am	3:22 pm	None	None
Thu	6:48 am	4:32 pm	None	None

My Stars ★★★★★

FOR WEEK OF NOVEMBER 1, 2021

Aries (March 21 to April 19) The pitter-patter of all those Sheep feet means that you're out and about, rushing to get more done. That's fine, but slow down by the weekend so you can heed some important advice.

Taurus (April 20 to May 20) You're in charge of your own destiny these days, and, no doubt, you'll have that Bull's-eye of yours right on target. But don't forget to

make time for family events.

Gemini (May 21 to June 20) Be prepared for a power struggle that you don't want. Look to the helpful folks around you for advice on how to avoid it without losing the important gains you've made.

Cancer (June 21 to July 22) Congratulations! You're about to claim your hard-earned reward for your patience and persistence. Now, go out and enjoy some fun and games with friends and family.

Leo (July 23 to August 22) The Big

Cat might find it difficult to shake off that listless feeling. But be patient. By week's end, your spirits will perk up and you'll be your perfectly purring self again.

Virgo (August 23 to September 22) A problem with a co-worker could prove to be a blessing in disguise when a superior steps in to investigate and discovers a situation that could prove helpful to you.

Libra (September 23 to October 22) This is a favorable time to move ahead with your plans. Some setbacks are expected, but they're only temporary. Pick up the pace again and stay with it.

Scorpio (October 23 to November 21) Your creativity is recognized and rewarded. So go ahead and claim what you've earned. Meanwhile, that irksome and mysterious situation soon will be resolved.

Sagittarius (November 22 to December 21) A new associate brings ideas that the wise Sagittarian quickly will realize can benefit both of you. Meanwhile, someone from the workplace makes an emotional request.

Capricorn (December 22 to January 19) It might be a good idea to ease up on

continued on page 54

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END OF SUMMER AC TUNE-UP
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 AC Tune-Up Yet?

From page 52

My Stars

that hectic pace and spend more time studying things you'll need to know when more opportunities come later in November.

Aquarius (January 20 to February 18) A relatively quiet time is now giving way to a period of high activity. Face it with the anticipation that it will bring you some well-deserved boons and benefits.

Pisces (February 19 to March 20) Go with the flow, or make waves? It's up to you. Either way, you'll get noticed. However, make up your own mind. Don't let anyone tell you what choices to make.

Born This Week: You like to examine everything before you agree to accept what you're told. Your need for truth keeps all those around you honest.

NOW HERE'S A TIP

- "Need a new look for a favorite sweater? Change out your buttons. It's such a small thing, but makes a big change in look!" – EL in Massachusetts
- Instead of using costly brass polish, try a little lemon juice and salt. Another brass polish you probably have right now is ketchup. Apply a thin layer and buff off with a soft rag.
- Experts say to always crack your egg on a flat surface, rather than using the edge of a counter or bowl. More egg-tastic advice is to crack eggs into a small bowl instead of directly into ingredients. If you have a sneaky "bad egg" in your dozen, it's better to find out before you ruin your baking.
- "I love to search for recipes online,

and I have learned to pay attention to the comments section. You'll find a lot of explanation and frequently a tweak that many people have found successful. Comments have saved me from oversalting a dish, as well as making necessary adjustments in temperature and cooking time. I have found complicated techniques broken down in ways that were helpful. It pays to check out the comments!"

- WG in Missouri
- Attention salad eaters: Got a thick dressing that's high in fat? Rinse lettuce before dressing your salad. Wet or moist lettuce traps less dressing. If your dressing is light, give salad greens an extra spin. Drier lettuce holds on to dressing, making lightly dressed salad more flavorful.
- Another great use for baking soda: Add a cup or two to your toilet bowl. Swish and let sit for one to two hours. Flush for odor control and shine.

STRANGE BUT TRUE

- In Italy, pizza inspectors are hired by the government to ensure that restaurants are making their pizza at "Italian quality."
- The cables of the Golden Gate Bridge contain a whopping 80,000 miles of steel wire.
- Ray Bradbury wrote the first draft of *Fahrenheit 451* on coin-operated typewriters in the basement of a library at a cost of 10 cents for every 30 minutes. The first draft cost him a total of \$9.80.
- The straw was invented by Egyptian brewers to taste beer without removing the fermenting ingredients that floated on top of the container.
- James Christopher Harrison is an

Australian blood donor whose rare plasma composition has helped in the treatment of Rhesus disease. In May 2018, he made his final donation (1,173rd) at the age of 81 after having saved 2.4 million babies during his lifetime as a donor.

- No, alcohol doesn't kill brain cells – it just makes them grow more slowly.
- In 2009, the Wisconsin Tourism Federation changed its name to the Tourism Federation of Wisconsin because, in the 30 years since its founding, the abbreviation "WTF" took on new meaning.
- Months that begin on a Sunday will always have a Friday the 13th.
- Not that you'd ever want to swim in it, but the average person's body produces enough saliva in their lifetime to fill two swimming pools.
- Plants grow larger and more quickly when watered with warm water.
- In late 2020, a North Korean gymnast defected to South Korea by vaulting himself over the 3-meter-high border barricades without triggering sensors.
- Newborn babies cry, but they have no tears. Their tear ducts aren't formed until they are a month old.

THOUGHT FOR THE DAY

"There are two ways of spreading light: to be the candle, or the mirror that reflects it." – Edith Wharton

TRIVIA TEST

1. **Television:** What was the name of Jay's dog in *Modern Family*?
2. **Measurements:** How many pecks are in a bushel?
3. **Geography:** Which continent has

regions in all four hemispheres of Earth – north, south, east and west?

4. **Music:** Which singer is known as the Queen of Disco?
5. **U.S. States:** Which state has the only royal palace in the United States?
6. **General Knowledge:** How many federal holidays are recognized by the United States?
7. **Astronomy:** How many moons does Mars have?
8. **Movies:** Which iconic movie has the tagline, "A man went looking for America, and he couldn't find it anywhere"?
9. **Food & Drink:** Which minerals are found abundantly in dairy products?
10. **Comics:** Which long-running comic strip developed from a weekly panel titled *L'il Folks*?

TRIVIA ANSWERS

1. Stella 2. Four 3. Africa 4. Donna Summer 5. Hawaii, Iolani Palace 6. 11 million 7. Two, Phobos in Washington, D.C. only 8. Easy Rider 9. Calcium, phosphorus and magnesium 10. Peanuts

SCRAMBLERS ANSWER

1. Ramble 2. Trust;
3. Chase; 4. Slender

Today's Word
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Are you elderly, disabled or just don't have free time?
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Just give me a call...
973-919-2116
12/11 * TFN

HELP WANTED

CAREGIVER

We are seeking a caregiver for an elderly woman with experience, for 24 hour shifts every other week and PRN (as needed). Must be caring and compassionate, and able to complete personal care tasks like bathing, dressing, eating, grooming, and daily med intake. Also assist with physical transit.
Contact Lisa 239-395-0153.
10/29 * 11/5

ISLAND PRESCHOOL TEACHERS

The Children's Education Center of the Islands (CECI) is looking for part-time or substitute preschool teachers for its nature themed education program. Potential for full-time growth possible. Flexible hours. Competitive salary. Tolls paid.
Please call Nita at 239-472-4538.
10/22 * TFN

Read us online at
www.islandsunnews.com

HELP WANTED

FULL/PART-TIME SALES ASSOCIATE

Sanibel Sole is seeking an additional sales associate to join our great team! We have expanded in the Tahitian Gardens plaza and offer a wide variety of clothing and footwear. We offer competitive wages, benefits, and perks. No evenings required.
Please email a resume to sanibelse@ gmail.com.
11/5 * 11/5

CAREGIVER

Unique opportunity to work as a Caregiver for an active Senior who enjoys life enrichment activities and stimulating convos.
I am looking for a caring and compassionate person to Care for my Mother. The right person will be outgoing, energetic, flexible, Driver and adaptable. Work Schedule is 5 days a week and 5 hours per day. Salary is \$25/hr.
Forward your email to Mark (chillingtong@gmail.com) for more details.
10/15 * 11/19

BOATS-CANOES-KAYAKS

BOAT SLIP WANTED

Need slip for 23' boat near Eastern end of Sanibel beginning January 2022.
Please call Bob at 610-955-2746
11/5 * 11/12

VOLUNTEERS NEEDED

RED KETTLE BELL RINGERS NEEDED

This year's Salvation Army Red Kettle program runs from Friday, November 26 to Friday, December 24. Sanibel bell ringers will be on duty from 8 a.m. to 7 p.m. Monday through Saturday. Volunteers are needed, preferably for a two-hour session. Sign up online at www.registertoring.com. Log in with your email and password, and choose your date(s) and time(s). Coordinators for this year's campaign are John MacLennan, 401-932-4383, and Susan MacDowell.
10/22 * 11/19

PETS OF THE WEEK



Princess ID# A718896 photos provided
Trixie ID# A883933

Lee County Domestic Animal Services

Princess And Trixie

Princess is a 5-year-old pit bull. She's a staff favorite and exactly as her name would infer. She loves to ride in the backseat to be chauffeured. Her adoption fee is \$20.

Trixie is a 3-month-old domestic medium hair. She's a playful bundle of fun and one of a kind. Her adoption fee is \$10.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.*

HORTOONS



PUZZLE ANSWERS

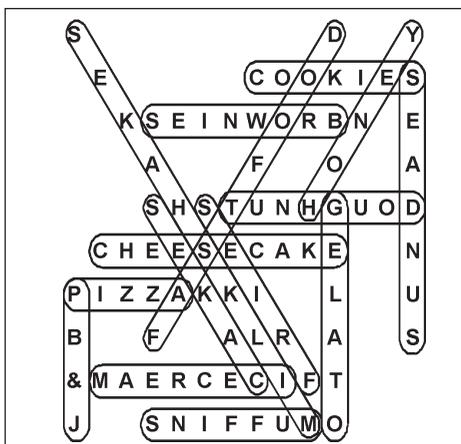
SUPER CROSSWORD

E	M	I	R	A	T	E	S	E	A	C	O	W	B	I	G	D	O	G
P	A	N	E	L	E	D	P	A	M	E	L	A	U	N	R	E	E	L
P	L	A	Y	I	N	G	M	A	R	B	L	E	S	P	A	R	S	E
S	I	N	T	I	A	L	I	L	I	T	H	A	B	I	T	E		
S	S	N	N	Y	C	O	C	E	A	N	W	A	V	E	S			
B	O	W	L	I	N	G	B	A	L	L	S	R	E	N	T	A		
A	R	E	O	L	A	E	D	I	E	A	L	D	A	T	A	I		
T	A	R	G	E	T	S	M	O	V	I	E	C	R	E	D	I	T	S
O	T	T	O	H	A	R	E	E	M	T	P	R	E	V	I	N	T	S
R	E	O	R	G	O	R	O	N	I	L	G	A	R	N	E	T	T	
B	I	O	P	A	R	K	S	O	X	S	H	A	D	E	G	A	S	
E	N	C	O	R	E	E	T	C	A	S	O	N	G	U	S	E		
T	H	U	N	D	E	R	P	E	A	L	S	T	E	R	M	I	T	E
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L	A	R	G	E	S	O	N	I	O	N	S	A	O	T	O	M	E	

KING CROSSWORD

L	A	M	A	W	O	N	L	O	T	S	
A	J	A	X	A	B	E	A	G	R	A	
L	A	T	E	S	H	O	W	Z	E	A	L
A	R	T	P	O	E	M	Y	E	Y	E	
M	U	S	I	C	D	I	V	U	L	G	E
A	S	O	F	H	U	G	S	E	A	S	
R	O	S	E	B	U	D	R	A	I	L	S
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G	O	R	Y	E	D	S	P	O	N	Y	

MAGIC MAZE



SUDOKU

5	2	3	9	4	7	6	1	8
1	9	4	5	8	6	2	3	7
8	6	7	2	3	1	4	9	5
9	7	2	6	5	4	3	8	1
3	5	8	1	2	9	7	4	6
4	1	6	3	7	8	5	2	9
6	8	5	4	9	2	1	7	3
2	3	9	7	1	5	8	6	4
7	4	1	8	6	3	9	5	2

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bayfront Gardens	Bonita Springs	2021	3,840	\$4,700,000	\$4,700,000	0
Cape Coral	Cape Coral	2004	11,099	\$3,950,000	\$3,280,000	73
Palmetto Point	Fort Myers	2012	6,186	\$2,250,000	\$2,175,000	5
Cape Harbour	Cape Coral	2012	3,741	\$1,999,000	\$2,000,000	20
Cape Coral	Cape Coral	2014	3,316	\$1,750,000	\$1,775,000	1
Renaissance	Fort Myers	2016	3,248	\$1,600,000	\$1,580,000	38
Longlake	Bonita Springs	1994	3,418	\$1,499,000	\$1,495,000	0
Avieto	Bonita Springs	2006	3,525	\$1,495,000	\$1,410,000	131
Pennyroyal	Bonita Springs	1990	3,736	\$1,299,000	\$1,374,000	1
Shell Harbor	Sanibel	1974	2,406	\$1,350,000	\$1,361,000	4

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